**PDPs for GP training** Karen Bradley Feb 2018

**The PDP should show ACTIVE use,** this means -

2-3 entries at the start of each new post. One entry every 6 weeks or so during the post.

**Entries should be SMART,** this means -

**S.M.A.R.T** stands for specific, measurable, attainable, relevant and time-bound. The **SMART** model was developed by psychologists as a tool to help people set and reach their goals.

**Learning should be “provable”.**

How would you demonstrate to the lay members of your ARCP panel that you have done the learning? This means –

That “ I will be more confident in managing XYZ” is not a good enough outcome measure.

But “ I will have attached personal learning notes, done an e-module, ( certificate attached) and completed a CbD on this clinical area” is well evidenced.

Evidence can include personal learning notes ( eg of current guidance), description of colleague discussion ( eg specialist nurses), e-modules, clinical encounters following learning when you show how you put it into practice, and WPBA.

At the end of each post, ensure you have those PDP entries pertinent to that post completed and ticked off.

**All entries, irrelevant of the post, must be relevant to general practice.**

So in an oncology post, “ I will learn how to perform a pleural tap “, though interesting, and could be uploaded as a CEP, is not a GP relevant PDP item.

But, “ I will learn how to manage respiratory secretions in end of life care” is a very relevant PDP entry and directly applicable to our role in the community.

Entries should **not** normally be those aspects of training that are requirements, eg “ I will do 3 CbDs this 6 months” “ I will achieve my OOH sessions for ST1”

BUT

New study leave guidance means you have to add a PDP entry for any course that requires study leave, eg AKT revision course. Your entry could read “ Although this is a mandatory requirement for training, due to study leave guidance, I must add this to my PDP. I am attending this course because…. By the end of it , I will have learnt……”

Any questions? Please ask me!