Dear GP Trainees and GP Trainers,

We are continuing to update our new scheme website with all the helpful information we are receiving.

**COVID 19 information**.

<https://gp-training.hee.nhs.uk/york/>

**Health & Wellbeing resources**

<https://gp-training.hee.nhs.uk/york/health-and-wellbeing/>

**MRCGP changes**

[**https://gp-training.hee.nhs.uk/york/mrcgp/**](https://gp-training.hee.nhs.uk/york/mrcgp/)

We have listed the important updates in this news-email.

**Keeping in touch, support and educational resources**

**Zoom Meeting for trainees every Wednesday at 2pm**

Resources that are mentioned and used during the meetings are added to our Scheme website.

<https://gp-training.hee.nhs.uk/york/programmes/hdr/>

Topics for next weeks ‘5-minute skills’ are:

COVID in the Hospital Matt Carr

Palliative Care in the Community Helen Ward

It would be helpful if everyone could read the guidance about ACPs, DNACRP and Palliative Care on the webpage before the meeting.

<https://gp-training.hee.nhs.uk/york/gp-training/covid-19/>

If you have something to share that you found interesting or useful, or something you feel would be educationally beneficial to the rest of the group, please contact Beth or Nicola.

**WhatsApp Group**

Please let Beth or Nicola know if you would like to be added to the trainee WhatsApp group.

It would be good to have all trainees in the group so we can easily communicate with you all.

**Trainers Workshop**

Thank you to the trainers that were able to join us for our first Trainers Workshop yesterday evening. It was good to see so many faces and I hope you found it useful. The powerpoints from the meeting are on the scheme website.

We hope to organise another virtual TWS on Wednesday 20th May 7pm

**CCG Information Emails**

We have recently been made aware that some trainees in GP are not receiving the helpful information emails that get sent from the CCG. If you do not receive these please contact your practice manager or ES who will inform the CCG and get you added to the distribution list.

**MRCGP**

**ARCPs**

Guidance has now been released for all trainees.

Please find the new guidance attached and on our scheme website.

<https://gp-training.hee.nhs.uk/york/mrcgp/>

**Please make arrangements to have your CSR and ESR completed by Wednesday 10th June 2020.**

**OOH/Urgent and Unscheduled Care**

There has been uncertainty about a number of aspects of OOH/Urgent and unscheduled care during the current COVID outbreak.

Here is the current guidance:

The RCGP requirement for trainees to undertake OOH sessions to demonstrate their capability to manage urgent and unscheduled care has been suspended, however there is still a contractual requirement to undertake OOH work. (ie you are paid to undertake 6 OOH sessions/six months)

Advice for the MRCGP and your ESR

You can still undertake OOH sessions providing there is an appropriate supervisor at the session. We understand you will be notified if this is not the case. We have been reassured that there is appropriate PPE at Vocair. There is very little F2F contact and no visiting for trainees at the moment.

Most of you will now be involved with unscheduled care and urgent care in your day to day work. Your reflections on this work can be used to demonstrate evidence of the capabilities required (clinical management, community orientation, holistic care etc )  You should record and map this information using the new ES workbook, which can be uploaded prior to your ESR.

Advice for the contractual requirement to undertake OOH sessions

The responsibility for overseeing this lies with the Trust. OOH sessions will count towards this and the Trust have informed us that if you work a bank holiday this will also count. You should let Di Ruston know if you have worked a Bank Holiday during COVID.

 Please feel free to contact Beth or your named TPD if you have any further queries or require additional support.

Kind Regards

**York GP VTS Team**