Dear GP Trainees and GP Trainers,

We hope you are keeping well.

We are continuously updating our new scheme website with:

**Relevant** **COVID 19 information**

Including recently published advice for trainees who need to shield.

<https://gp-training.hee.nhs.uk/york/>

**Health & Wellbeing resources**

<https://gp-training.hee.nhs.uk/york/health-and-wellbeing/>

We have listed the important updates in this news-email.

**Keeping in touch, support and educational resources**

**Zoom Meeting for trainees every Wednesday at 2pm for 40 minutes**

Thank you to the 30+ trainees that were able to join us for our third Zoom meeting on Wednesday.

The resources Mary referred to in her excellent ‘5-minute skills’ slot ‘Experience on a COVID ward’ are on the COVID page of the website. The v. helpful resources about palliative care Helen Ward talked about are also on this webpage:

<https://gp-training.hee.nhs.uk/york/gp-training/covid-19/>

We will keep a list of the ‘5minute skills’ sessions on the HDR page of the website.

Nicola’s ‘Teach Back’ slides with links to resources are on this page.

<https://gp-training.hee.nhs.uk/york/programmes/hdr/>

Topics for the next two weeks ‘5-minute skills’ are :

Wed 15th April Advanced Care Planning Alex Bellerby

Wed 22nd April Palliative care in the community Helen Ward

If you have something to share that you found interesting or useful, or something you feel would be educationally beneficial to the rest of the group, please contact Beth or Nicola.

**WhatsApp Group**

The new trainee WhatsApp Group has been set up and is proving to be a success, it would be good to have all trainees in the group so we can easily communicate with you all.

Please let Beth or Nicola know if you would like to be added to this group.

**Trainers Workshop**

A virtual trainer workshop will take place on Thursday 16th April at 7pm via Zoom.

This will be a Q&A session lead by the TPDs and we envisage will not last longer than 40 minutes.

Beth will send an invite to all trainers the day before.

**ST1 & ST2 back into Secondary Care**

ST1s and ST2s have recently been asked by HEE to complete a survey about their past experience and skills with the possibility of them being re-deployed to the hospital. The Trust may contact trainees with key skills to ask if they could work back in secondary care. This will not be a blanket request and trainees should only be approached if their skills and experience are really needed. If a trainee has any concerns about a request to be redeployed or wishes to discuss their plans, please feel free to contact your named TPD.

Please can we reassure trainees and practices that there are absolutely no plans to redeploy any trainee in ST3.

**Red Whale** send outweekly updates and educational resources which are excellent.

<https://www.gp-update.co.uk/>

Theyare giving free access for 3 months to GPCPD.com to all clinicians If you are not currently a GPCPD member, go to <http://gpcpd.com/login_register> and enter the activation code RWGIFT  
If you are already a GPCPD member, choose ‘Manage your membership/subscriptions’ and enter RWGIFT into the ‘Top up and upgrade codes’ box.

**MRCGP**

Current advice about requirements is on the webpage

<https://gp-training.hee.nhs.uk/york/mrcgp/>

**ARCPs**

Guidance has now been released for ST3 trainees who are due to CCT and have passed CSA and AKT. (on link above)

It is unclear at the moment whether all trainees will have an ARCP. The focus may be just on those approaching CCT and those identified as needing additional support.

When we have clear guidance on this we will inform you.

Please continue to make arrangements to have your CSR and ESR completed by 10th June 2020.

**OOH/Urgent and Unscheduled Care**

It has been agreed by the Trust that the April and possibly May bank holidays can count towards the OOH contractual requirements.

Please note we have been advised that Vocair does not have appropriate PPE. Our advice is that if you are a trainee and have a session booked you should not go ahead with this unless you have your own PPE and there is a qualified supervisor present.

All trainees in GP should use the experience they are gaining in practice to demonstrate their unscheduled and urgent care, this should be logged in the ES workbook.

**Contractual Issues**

**Good Friday and Easter Monday**

In this time of national crisis, we have been advised that these days are now normal working days.

Any questions regarding your annual leave entitlement should be addressed to Di Ruston in Medical Staffing.

[Di.Ruston@york.nhs.uk](mailto:Di.Ruston@york.nhs.uk)

Please feel free to contact Beth or your named TPD if you have any further queries or require additional support.

Kind Regards

**York GP VTS Team**