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| 3 August 2022 | ST1 + Trust induction (by invitation)  ST2s & ST3s **Induction in Practice** | Trust led  Trainees to arrange induction in practice if new to placement. If ongoing placement agree work / educational activity with CS. | PGMEC  GP practices |
| 10 August 2022  WDR | Induction New Starters 9.00-17.00  Others 9.00-12.00  12.30-13.15. Lunch  13.15- 17.00  Reasoning skills, decision making | All TPDs  Red Whale with reflective exercise Healthy ageing  Alan Shirley | PGME  Discussion Room  Work from home  PGME  Lecture Theatre |
| 17 August 2022 | How to be a reflective and effective practitioner?  Study skills for HDR.  RCA Support for ST3 sitting September and November only | Carolien    Matt Smith | PGMEC  Lecture Theatre  Zoom by invite |
| 24 August 2022 | What is General Practice?  Communication skills 1: What is conversation/consultation? Building rapport and empathy  RCA support for ST3 sitting September and November only | Carolien and Lynda  Joanne Reeve 14.30-15.00  15.15 - 17.00  Lynda, Carolien  Matt Smith 14.30-17.00 | PGMEC  Zoom by invite |
| 31 August 2022 | Communication skills with SPs    Commit Explanations | David/Margaret/Carolien | PGMEC |
| 7 September 2022 | GP Emergencies & GP Bag.  Communication skills 2: Agenda setting, open and closed questions | Rebecca Clifford, Carolien  15.30 - 17.00 Carolien, Lynda | PGMEC |
| 14 September 2022    WDR | Improvisation (how to think on your feet)  Peer groups  Enhanced induction for ST1  Communication skills 3: ICE | Ernie from SJT out reach  9.30-11.30 and  12.30-14.30  15.00-17.00 Lynda  Debbie Blake  15.00 -17.00 Carolien | Stephen Joseph Theatre and PGMEC  PGMEC  PGMEC |
| 21 September 2022 | Prescribing and prescribing assessment  Communication skills 4: Psychosocial setting | Victor Mike Akinlusi + Femi Abegunde  David  15.30 -17.00 David, Lynda | PGMEC |
| 28 September 2022 | Hearing loss  Vertigo  Communication skills 5 Checking/chunking/  Summarising | Samuel Boam,  Lynda  15.30-17.00 Lynda | PGMEC |
| 5 October 2022 | NO HDR (in lieu for additional regional study day Tuesday 11/10/2022) | WORK IN PRACTICE | **TRAINEES TO WORK IN PRACTICE** |
| 11 October 2022  TUESDAY | Regional planetary health event | Trainees to arrange study leave if attending or swap SDL plus HDR 5/10 into this day to facilitate attendance | Regional HEE event online |
| 12 October 2022  WDR | Leadership a.m.  How are we 3 months into our posts?  Peer group work | Simon Stockhill  All TPDs  Lynda |  |
| 19 October 2022 | GMC Responsibilities, guidance and relevance to GPs. | Ian Wilson GMC  Carolien | PGMEC |
| 26 October | Statistics for AKT | Carolien | PGMEC |
| 2 November 2022 | Pickering Museum  Community orientation  Surgery visit | Michala Pearson (Museum Manager)  David Pearson & Museum Volunteers  Tony Bishop | Beck Isle Museum, Pickering  Pickering Practice |
| 9 November 2022  WDR | Perinatal psychiatry  Planetary health update  ST1 Enhanced induction | Zsolt Mogyorosy 9.30-14.00  David and Margaret, David Nwinee and 15.00-17.00  Lynda, all day | Scarborough Cricket Club, Cricket Ground,Noth Marine Road, Scarborough,  YO12 7TJ |
| 16 November 2022 | Communication skills with SPs | David, Margaret, Craig,  Felicity | PGMEC |
| 23 November 2022 | Men’s Health  Consultation skills 6  “Diagnosis with explanation” | Tobi Odanye  15.30 - 17.00 Carolien | PGMEC |
| 30 November 2022 | Mock RCA  18.00-21.00 pm | Trainees by invite,  Trainers and all TPDs  Other trainees agree work/ educational activity with CS | MS teams  17.00-21.00 pm  Trainees NOT invited for Mock CSA work in practice  /agree activity with CS |
| 7 December 2022 | Obesity and weight management  Consultation skills 7 Health promotion and motivational interviewing | Ani Kodinova  15.30 - 17.00  Lynda | PGMEC |
| 14 December 2022  WDR  \*\*ARCPs today\*\* | Domestic violence  Peer group work (seasonal social) | 9.00-12.00 Sally Bainbridge and Chloe Greechan, Humber Safeguarding team  12.00-13.00 Hazel McBride IDAS Scraborough  14.00-17.00  Lynda, David, Carolien  TPDs | PGMEC  Lunch provided |
| 21 December 2022 | No Teaching | Trainees to work in practice | Trainees in practice |
| 28 December 2022 | No teaching | Trainees to work in practice | Trainees in practice |
| 4 January 2023 | Heart Failure in primary care  Consultation skills 8  Shared management  Safety netting and housekeeping | Innocent Aghalibe, Lynda  15.30-17.00 Lynda | PGMEC |
| 11 January 2023  WDR | 9.15 Film club  10.45-12.45 Peer groups  12.45-13.45  13.45 AKT tips from peers  14.00 PM AKT preparation and exam techniques | Lynda, David and Carolien  LUNCH (lunch provided)  Trainee led  Nick Price and Neal Maskrey | PGMEC]  Lecture theatre. Lab and ward  Lunch provided  Lecture theatre  Facilitators linking in virtually |
| 18 January 2023 | Communication skills with SPs | Carolien, Felicity, David | PGMEC |
| 25 January 2023  All day | Red Whale GP update live webinar  All day | HEE regional commissioned event  Use SDL and HDR time | Virtual  The webinar is recorded |
| 1 February 2023 | Consultation skills 1  RCA feedback statements and marking cases | Carolien & Lynda | Lecture Theatre |
| 8 February 2023  WDR | Positive presenting & Peer group 9.30-11.30 and 12.30-14.30  15.00 Role of LMC | Outreach SJT  Lynda, Carolien, David  Balint  Rachel Doherty and Cath Chapman YOR LMC | Stephen Joseph Theatre  All day |
| 15 February | Communication skills 2 case writing session | Carolien | PGMEC |
| 22 February | Long covid in art | Carolien | **MS Teams**  **(virtual session)**  [**https://teams.microsoft.com/l/meetup-join/19:meeting\_ZDIyNDFlMTgtNjYxNC00OWUzLWE2YzUtYzk5ZDg3OWQwMGIz@thread.v2/0?context=%7B%22Tid%22:%22ffa7912b-b097-4131-9c0f-d0e80755b2ab%22,%22Oid%22:%22f363f633-e738-4523-bb47-6eb768478e49%22%7D**](https://teams.microsoft.com/l/meetup-join/19:meeting_ZDIyNDFlMTgtNjYxNC00OWUzLWE2YzUtYzk5ZDg3OWQwMGIz@thread.v2/0?context=%7B%22Tid%22:%22ffa7912b-b097-4131-9c0f-d0e80755b2ab%22,%22Oid%22:%22f363f633-e738-4523-bb47-6eb768478e49%22%7D) |
| 1 March | Whitby Museum  Community orientation:  Whitby Practice | Museum Staff, Whitby  David,  Rob Hazeldine | Whitby Museum  Whitby Practice |
| 8 March  WDR | Safeguarding children update  PM  WISE GP programme | Nicola Hields, designated safeguarding nurse CCG  Joanne Reeves and RCGP colleagues | Scarborough Cricket club |
| TUESDAY 14 March  WDR 9.00-16.30 | Clinical Supervision for trainees | HEE central  Martin Sutcliffe  Trainees to arrange study leave or swap SDL and this is instead of HDR 22/3/2022 | MS teams |
| 15 March  Launchpad exit course WDR for ST3 | Communication skills with SPs for ST2  Launchpad for ST3 | Lynda, Craig, Felicity  HEE facilitated | PGMEC  MS teams, HEE facilitated |
| 22 March | No HDR | Instead use Either 14th or 30th March Regional trainee Event on Supervision for trainees | **TRAINEES WORK IN PRACTICE** |
| 29 March | Trainee led  Consultation skills 3: | Trainee, Lynda  15.30-17.00 Lynda | PGMEC |
| THURSDAY 30Th March WDR | Clinical Supervision for trainees (this is the same course as 14/3 you only attend once, choice of 2 dates) | HEE Central, Martin Sutcliffe  Trainees to arrange study leave or swap SDL and this session instead of HDR 22/3/22 | MS Teams |
| 5 April | Trainee led  Consultation skills 3: ICE | Trainee, Carolien.  15.30-17.00 Carolien | PGMEC |
| 12 April  WDR | Safeguarding Adult update  Peer groups longer session | Christine Pearson, designated nurse safeguarding Adults  Carolien & Lynda, David | PGMEC |
| 19 April | Contraceptive cases  Consultation skills 4  Psychosocial setting | Ahmad Mujtaba, Carolien  15.30-17.00 Carolien | **Stephen Joseph Theatre** |
| 26 April | Communication skills with SPs | David, Margaret, Felicity, Craig | PGMEC |
| 3 May | Trainee led  Consultation skills 5  Checking, chunking, summarising | Trainee, Carolien  15.30 - 17.00 | PGMEC |
| 10 May  WDR | SJT work shop (tbc)  + Peer group work  9.30 – 11.30  12.30 – 2.30  Planetary Health update | SJT Outreach team  9.30 – 11.30  12.30 – 2.30  15.00-17.00 David, Margaret, +ITP trainee | **Stephen Joseph theatre All Day** |
| 17 May | Trainee led  Consultation skills 6 | Trainee, Carolien | PGMEC |
| 24 May | Consultation skills 7 | Lynda, Carolien | PGMEC |
| 31 May | Managing complaints Cautionary Tales, Cases from practice | Samantha O’Gram, MDU | PGMEC |
| 7 June | Communication skills with SP | David, Margaret, Felicity, Craig | PGMEC |
| 14 June  WDR  ARCPs TODAY | Tbc  Peer groups | Tbc  ARCPs TODAY all TPDs | NO PGMEC AVAILABLE  Venue TBC |
| 21 June  ARCPs TODAY | NO HDR | TRAINEES TO WORK IN PRACTICE  ARCPs TODAY | TRAINEES to WORK in PRACTICE |
| 28 June | Trainee led  Consultation skills 16 | Carolien | PGMEC |
| 5July | QIA/QIP conference with prize | David/Carolien/ Lynda | PGMEC |
| 11 July  TUESDAY | HEE trainee conference | Trainees to arrange study leave or swap for no HDR 21/6 and at end of July | Online regional event |
| 12 July  WDR | Health inequalities  Peer groups (Summer social) | Ros Davies, Robert Blackbourn, Carolien | PGMEC |
| 19 July | No teaching | Work in practice | Work in practice |
| 26 July | No teaching | Work in practice | Work in practice |
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| **AKT DATES 2022/23**  26 OCT 2022; 25 Jan 2023 ; 26 APRIL 2023  **RCA DATES 2022/23**  21 SEPT 2022; 16 NOV 2022; 24 Jan 2023; 21 MARCH 2023; 24 APRIL 2023 | | | |
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