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| 3 August 2022 | ST1 + Trust induction (by invitation) ST2s & ST3s **Induction in Practice** | Trust ledTrainees to arrange induction in practice if new to placement. If ongoing placement agree work / educational activity with CS. | PGMEC GP practices |
| 10 August 2022WDR  | Induction New Starters 9.00-17.00Others 9.00-12.00 12.30-13.15. Lunch 13.15- 17.00 Reasoning skills, decision making  | All TPDs Red Whale with reflective exercise Healthy ageing Alan Shirley  | PGMEDiscussion RoomWork from home PGMELecture Theatre  |
| 17 August 2022 | How to be a reflective and effective practitioner? Study skills for HDR.RCA Support for ST3 sitting September and November only | Carolien  Matt Smith | PGMECLecture TheatreZoom by invite |
| 24 August 2022  | What is General Practice?Communication skills 1: What is conversation/consultation? Building rapport and empathy RCA support for ST3 sitting September and November only  | Carolien and LyndaJoanne Reeve 14.30-15.0015.15 - 17.00Lynda, Carolien Matt Smith 14.30-17.00  | PGMECZoom by invite |
| 31 August 2022 | Communication skills with SPs Commit Explanations | David/Margaret/Carolien | PGMEC |
| 7 September 2022 | GP Emergencies & GP Bag.Communication skills 2: Agenda setting, open and closed questions  | Rebecca Clifford, Carolien15.30 - 17.00 Carolien, Lynda | PGMEC |
| 14 September 2022 WDR | Improvisation (how to think on your feet) Peer groupsEnhanced induction for ST1Communication skills 3: ICE  | Ernie from SJT out reach 9.30-11.30 and 12.30-14.30 15.00-17.00 Lynda Debbie Blake15.00 -17.00 Carolien  | Stephen Joseph Theatre and PGMECPGMECPGMEC |
| 21 September 2022 | Prescribing and prescribing assessment Communication skills 4: Psychosocial setting | Victor Mike Akinlusi + Femi AbegundeDavid15.30 -17.00 David, Lynda | PGMEC |
| 28 September 2022 | Hearing lossVertigo Communication skills 5 Checking/chunking/Summarising | Samuel Boam, Lynda15.30-17.00 Lynda | PGMEC |
| 5 October 2022 | NO HDR (in lieu for additional regional study day Tuesday 11/10/2022)  | WORK IN PRACTICE  | **TRAINEES TO WORK IN PRACTICE**  |
| 11 October 2022TUESDAY | Regional planetary health event  | Trainees to arrange study leave if attending or swap SDL plus HDR 5/10 into this day to facilitate attendance  | Regional HEE event online |
| 12 October 2022WDR | Leadership a.m. How are we 3 months into our posts? Peer group work  | Simon Stockhill All TPDs Lynda  |  |
| 19 October 2022 | GMC Responsibilities, guidance and relevance to GPs. | Ian Wilson GMC Carolien  | PGMEC |
| 26 October | Statistics for AKT | Carolien | PGMEC |
| 2 November 2022 | Pickering Museum Community orientationSurgery visit | Michala Pearson (Museum Manager) David Pearson & Museum VolunteersTony Bishop  | Beck Isle Museum, Pickering Pickering Practice |
| 9 November 2022WDR  | Perinatal psychiatry Planetary health update ST1 Enhanced induction  | Zsolt Mogyorosy 9.30-14.00 David and Margaret, David Nwinee and 15.00-17.00Lynda, all day  | Scarborough Cricket Club, Cricket Ground,Noth Marine Road, Scarborough,YO12 7TJ |
| 16 November 2022 | Communication skills with SPs | David, Margaret, Craig,Felicity | PGMEC |
| 23 November 2022 | Men’s HealthConsultation skills 6  “Diagnosis with explanation” | Tobi Odanye15.30 - 17.00 Carolien | PGMEC |
| 30 November 2022 | Mock RCA 18.00-21.00 pm  | Trainees by invite,Trainers and all TPDs Other trainees agree work/ educational activity with CS  | MS teams17.00-21.00 pm Trainees NOT invited for Mock CSA work in practice/agree activity with CS  |
| 7 December 2022 | Obesity and weight management Consultation skills 7 Health promotion and motivational interviewing  | Ani Kodinova 15.30 - 17.00Lynda  | PGMEC |
| 14 December 2022WDR\*\*ARCPs today\*\* | Domestic violencePeer group work (seasonal social)  | 9.00-12.00 Sally Bainbridge and Chloe Greechan, Humber Safeguarding team 12.00-13.00 Hazel McBride IDAS Scraborough14.00-17.00 Lynda, David, Carolien TPDs | PGMECLunch provided |
| 21 December 2022 | No Teaching  | Trainees to work in practice  | Trainees in practice |
| 28 December 2022 | No teaching  | Trainees to work in practice  | Trainees in practice  |
| 4 January 2023 | Heart Failure in primary careConsultation skills 8Shared management Safety netting and housekeeping  | Innocent Aghalibe, Lynda15.30-17.00 Lynda | PGMEC |
| 11 January 2023WDR | 9.15 Film club 10.45-12.45 Peer groups12.45-13.45 13.45 AKT tips from peers14.00 PM AKT preparation and exam techniques  | Lynda, David and Carolien LUNCH (lunch provided) Trainee led Nick Price and Neal Maskrey  | PGMEC]Lecture theatre. Lab and wardLunch provided Lecture theatreFacilitators linking in virtually  |
| 18 January 2023 | Communication skills with SPs | Carolien, Felicity, David | PGMEC |
| 25 January 2023All day  | Red Whale GP update live webinar All day  | HEE regional commissioned eventUse SDL and HDR time  | Virtual The webinar is recorded  |
| 1 February 2023 | Consultation skills 1RCA feedback statements and marking cases | Carolien & Lynda  | Lecture Theatre  |
| 8 February 2023WDR | Positive presenting & Peer group 9.30-11.30 and 12.30-14.30 15.00 Role of LMC  | Outreach SJT Lynda, Carolien, David Balint Rachel Doherty and Cath Chapman YOR LMC | Stephen Joseph Theatre All day  |
| 15 February | Communication skills 2 case writing session | Carolien  | PGMEC |
| 22 February | Long covid in art  | Carolien  | **MS Teams** **(virtual session)** [**https://teams.microsoft.com/l/meetup-join/19:meeting\_ZDIyNDFlMTgtNjYxNC00OWUzLWE2YzUtYzk5ZDg3OWQwMGIz@thread.v2/0?context=%7B%22Tid%22:%22ffa7912b-b097-4131-9c0f-d0e80755b2ab%22,%22Oid%22:%22f363f633-e738-4523-bb47-6eb768478e49%22%7D**](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_ZDIyNDFlMTgtNjYxNC00OWUzLWE2YzUtYzk5ZDg3OWQwMGIz%40thread.v2/0?context=%7B%22Tid%22:%22ffa7912b-b097-4131-9c0f-d0e80755b2ab%22,%22Oid%22:%22f363f633-e738-4523-bb47-6eb768478e49%22%7D) |
| 1 March | Whitby Museum Community orientation: Whitby Practice  | Museum Staff, WhitbyDavid, Rob Hazeldine  | Whitby MuseumWhitby Practice |
| 8 MarchWDR | Safeguarding children update  PMWISE GP programme | Nicola Hields, designated safeguarding nurse CCGJoanne Reeves and RCGP colleagues | Scarborough Cricket club  |
| TUESDAY 14 March WDR 9.00-16.30  | Clinical Supervision for trainees  | HEE central Martin SutcliffeTrainees to arrange study leave or swap SDL and this is instead of HDR 22/3/2022 | MS teams |
| 15 March Launchpad exit course WDR for ST3 | Communication skills with SPs for ST2 Launchpad for ST3 | Lynda, Craig, FelicityHEE facilitated | PGMECMS teams, HEE facilitated  |
| 22 March  | No HDR  | Instead use Either 14th or 30th March Regional trainee Event on Supervision for trainees  | **TRAINEES WORK IN PRACTICE**  |
| 29 March  | Trainee led Consultation skills 3: | Trainee, Lynda15.30-17.00 Lynda | PGMEC |
| THURSDAY 30Th March WDR | Clinical Supervision for trainees (this is the same course as 14/3 you only attend once, choice of 2 dates)  | HEE Central, Martin Sutcliffe Trainees to arrange study leave or swap SDL and this session instead of HDR 22/3/22 | MS Teams  |
| 5 April | Trainee led Consultation skills 3: ICE | Trainee, Carolien. 15.30-17.00 Carolien  | PGMEC |
| 12 April WDR | Safeguarding Adult update Peer groups longer session | Christine Pearson, designated nurse safeguarding AdultsCarolien & Lynda, David | PGMEC |
| 19 April  | Contraceptive cases Consultation skills 4Psychosocial setting | Ahmad Mujtaba, Carolien 15.30-17.00 Carolien | **Stephen Joseph Theatre**  |
| 26 April | Communication skills with SPs | David, Margaret, Felicity, Craig | PGMEC |
| 3 May | Trainee ledConsultation skills 5Checking, chunking, summarising  | Trainee, Carolien 15.30 - 17.00 | PGMEC |
| 10 MayWDR | SJT work shop (tbc) + Peer group work9.30 – 11.3012.30 – 2.30Planetary Health update  | SJT Outreach team 9.30 – 11.3012.30 – 2.3015.00-17.00 David, Margaret, +ITP trainee  | **Stephen Joseph theatre All Day** |
| 17 May | Trainee led Consultation skills 6 | Trainee, Carolien  | PGMEC |
| 24 May |  Consultation skills 7 | Lynda, Carolien  | PGMEC |
| 31 May | Managing complaints Cautionary Tales, Cases from practice   | Samantha O’Gram, MDU | PGMEC |
| 7 June | Communication skills with SP | David, Margaret, Felicity, Craig | PGMEC |
| 14 JuneWDRARCPs TODAY | Tbc Peer groups  | Tbc ARCPs TODAY all TPDs  | NO PGMEC AVAILABLEVenue TBC  |
| 21 JuneARCPs TODAY  | NO HDR  | TRAINEES TO WORK IN PRACTICE ARCPs TODAY | TRAINEES to WORK in PRACTICE  |
| 28 June  | Trainee led Consultation skills 16  | Carolien  | PGMEC |
| 5July | QIA/QIP conference with prize  | David/Carolien/ Lynda  | PGMEC |
| 11 JulyTUESDAY | HEE trainee conference  | Trainees to arrange study leave or swap for no HDR 21/6 and at end of July | Online regional event  |
| 12 JulyWDR  | Health inequalities Peer groups (Summer social)  | Ros Davies, Robert Blackbourn, Carolien | PGMEC |
| 19 July | No teaching  | Work in practice  | Work in practice  |
| 26 July | No teaching  | Work in practice | Work in practice  |
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| **AKT DATES 2022/23** 26 OCT 2022; 25 Jan 2023 ; 26 APRIL 2023 **RCA DATES 2022/23** 21 SEPT 2022; 16 NOV 2022; 24 Jan 2023; 21 MARCH 2023; 24 APRIL 2023 |
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