The Next Generation GP South West Team are excited to announce that we have confirmed dates, venues and speakers for our third cohort!

WHAT IS NEXT GENERATION GP?

'Next Generation GP' is a programme for emerging leaders in general practice designed by, and for, a group of early-career GPs and trainees.

Our aim is to inspire early career GPs (trainees and first 7 years post CCT) to be informed leaders as well as excellent clinicians, with the insight and connections they need to change and improve the system in which we work. We are excited to now be bringing a new programme to the South West after the first successful programme was run in 2019. After a COVID-related break a second cohort was run face to face in 2022. We hope to build on that to make things bigger and better for this year.

Why?

In the face of unprecedented pressures the landscape of the NHS is changing rapidly, with the centre of gravity rapidly shifting towards primary care. This represents an exciting opportunity for GPs, with their unique overview across the system, to be involved in improving frontline services for our patients.

But with the largest curriculum and the shortest amount of time to learn it all, many of us are starting out without a clear understanding of the system we'll be working in, the changes being planned around us, or the tools to lead change effectively.

Our belief that the success of any sustainable change in the NHS will be based on the strength of the network of people behind it was the driving force behind the creation of this programme.

Our aim is for participants to feel:

- Energised: through access to the stories, perspectives and expertise of inspiring leaders at the forefront of primary care;
- Engaged: through a supportive network of like-minded local trainees and early-career GPs;
- Empowered: through a series of workshops that will begin to increase your ability to shape care within and beyond your organisation.

WHAT WOULD i GAIN?

REGULAR EVENTS

Participants will benefit from the unique opportunity to meet, engage with, and ask questions of some of the foremost leaders in the NHS.

Each evening will consist of a key note speaker followed by an interactive workshop.

These events will also be a fantastic opportunity to build relationships with like-minded GPs and trainees in your area. Our evening workshops will be themed around topics such as leadership styles, workplace culture and how to get started with a leadership idea.

Our first confirmed speaker is the fantastic **Robert Varnam**, former National Director of General Practice Development, NHS England who last year led our first inspirational evening with his "Lead with Why" session.

Previously we've had talks from leaders such as Sarah Wollaston - Chair of NHS Devon, GP and former Chari of the Health Select Committee, Robert Camp – a former lawyer, business consultant and expert in workplace culture and transformation, William Stableform and Kath Brown – local medics and experts in climate change and sustainability as well as Strengths workshops with a leading national coach.

The programme is worth 10 CPD points with an undertaking for applicants to attend a minimum of 4 out of 5 events.

A VIRTUAL NETWORK and ONGOING ENGAGMENT EVENTS

We will establish a virtual network for the group to facilitate discussion between events, pool resources that emerge from the workshops, and share local opportunities. There will also be opportunities to connect with Next Generation GP participants from our other programmes across the country and access other exciting leadership opportunities. In addition to this, we will plan one off re-engagement events. This will be an opportunity to reconnect with the group and build on the skills that have been developed through the programme.

WHAT NEXT?

- We have a <u>limited number of fully-funded places</u> to offer on the programme for GP trainees and early-career GPs (preferably within the first 7 years post CCT). Applications will be accepted from any part of the country.
- Please be aware that whilst there is **no programme cost** for participants, each place represents a significant investment. We cannot reimburse travel costs, but some previous applicants have been able to use their study leave to attend.
- To ensure maximum benefit from the programme, participants will need to commit to attending at least 4 out of the 5 and participate in an evaluation process.

DATES and VENUES

- The events will be held face to face on weekday evenings from 6.00 9.30 pm (arrival, dinner provided and networking from 6-6.45 then content from 6.45 with a break for coffee and snacks) at Buckfast Abbey, Buckfastleigh, TQ11 0EE.
- Dates are:
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 - Tuesday 7th March
 - Thursday 20th April
 - Tuesday 16th May
 - o Thursday 8th June
 - Tuesday 4th July

Applicants are invited to complete a brief form with a bit about themselves.

• The application form can be found at: Application Form

Applications for Next Generation GP are open from Monday 30th January and close at 9pm on Monday 13th February. We will aim to inform all applicants of the outcome by Friday 24th February

Please visit our website for more information: <u>Website</u> If you have any questions please email: <u>nextgengpsouthwest@gmail.com</u>