

## Plymouth GPST1 Intro Part 1

We are pleased to welcome you to the Plymouth VTS Scheme. We hope you are very happy here and find that your training is inspiring, comprehensive and makes you into great GPs of the future.

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On 25 August we will hold the first of 2 induction/intro days to help you get to know each other and the VTS team, and we very much hope we will be able to do this face to face.

The venue will be the Lemon Frog studio which is going to be the base for all VTS teaching sessions. It's close to the city centre, and for those of you who don't drive it is easily accessible by public transport. Here's a location map <https://www.lemonfrog.org/find-us>

The venue is big enough to allow social distancing, however we don't want anyone to feel anxious about being in an indoor space; if you would be uncomfortable, please let Sarah know.

As part of the day there will be a short walk (we've allowed 45mins); if you have any mobility issues which will make this difficult for you, please do let us know.

There are a few things we would like to bring with you:

- Hand sanitiser & mask
- Pen & paper
- Packed lunch
- Depending on the weather, you may also want to bring sun cream, or be prepared for rain.

Part of the day will look at your FourteenFish e-po, so please also bring a laptop/tablet/smartphone so you can have a go at writing a learning log.

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*Your rota co-ordinator / Practice Manager should be aware of the session, but please double-check. We recommend you book the whole day off, if at all possible, as there is so much you won't want to miss.*

