

THE USUAL HALF DAY RELEASE COURSE –WHAT TO EXPECT

- Afternoon starts at 2pm promptly. You need to sign in on the register
- A typical afternoon is divided into two sessions
- First half of afternoon
 - All GPSTs together
 - Usually in lecture hall
 - 3 year rolling programme of speakers/topics
 - Your feedback is important and suggestions are listened to
- Tea
 - 3.30-3.45pm
 - Tea, coffee (and biscuits!) served in area outside lecture theatre.
 - A good chance to network and socialise
- Second half
 - Starts promptly 3.45pm
 - GPSTs in hospital jobs are in lecture theatre
 - Topic-based teaching
 - Peer-led presentations
 - Planned with support of training programme director (TPD)
 - Evaluated by peers and TPD
 - GPSTs in GP posts have small group work
 - Consistent groups with same TPD facilitators
 - Group agenda
 - Based on experiences