**Severn GP School - UUSC Resources For ST1&2 Trainees And Their Supervisors & Trainers July 2019**

This is a summary of the Acute Care Curriculum Statement: 3:03 that trainees will be expected to work towards as a trainee and be confident in by their final ARCP in the ST3 year.

***As a general practitioner (GP) you must:***

1. *Recognise the signs of illnesses and conditions that require urgent intervention*
2. *Work effectively in teams and co-ordinate care*
3. *Prioritise problems and establish a differential diagnosis*
4. *Make the patient’s safety a priority*
5. *Consider the appropriateness of interventions according to the patient’s wishes, the severity of the illness and any chronic or co-morbid diseases*
6. *Be able to make mental state assessments and ensure the safety of others*
7. *Accept responsibility for your actions, at the same time recognising any need for involving more experienced personnel*
8. *Keep your resuscitation skills up to date – this would normally involve a yearly certified resuscitation course*
9. *Act calmly in emergency situations and follow agreed protocols*
10. *Know the processes and arrangements for commissioning and delivering urgent and unscheduled care in your community*
11. *Be aware of how the management of patients with continuing conditions affects the need to give urgent and unscheduled care.*

In addition, Urgent care experience often provides unique opportunities to cover those aspects of care embraced in the RCGP Curriculum statement on ‘Care of people with Cancer with Palliative Care’ and ‘Care of people with mental health problems’.

***There are also 6 generic competencies defined:***

*1. Ability to manage common medical, surgical and psychiatric emergencies in urgent or unscheduled care setting*

*2. Understanding the organisational aspects of NHS out of hours care, nationally and at local level*

*3. The ability to make appropriate referral to hospitals and other professionals*

*4. The demonstration of communication and consultation skills required for urgent, unscheduled or out of hours care*

*5. Individual personal time and stress management*

*6. Maintenance of personal security, and awareness and management of security risk to others*

Below are some clinical scenarios divided up by curriculum area, which might be useful for trainees to assess their knowledge of the most common and important medical emergencies faced when working in urgent care. This list is not exhaustive, but can be used in conjunction with the Urgent Care Checklist, the OOH Workbook and the Urgent & Unscheduled Care Resources For GPST3 to ensure trainees have considered a range of topics across the whole curriculum by the end of the ST3 year.

**For each scenario, trainees should ask:**

1. *What are the important differentials to consider and be able to rule out?*
2. *What resources might be needed in order to be able to manage the situation (e.g. guidelines, access to local referral pathways)*
3. *What are the options available in managing this situation? (and consider how they might differ if you were duty doctor in the surgery versus an OOH doctor late on a Friday evening / Sunday afternoon)*

Please feedback any comments to:

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**Severn School of Primary Care OOH Fellows**

**Urgent & Unscheduled Care Scenarios For GPST1&2 To Consider According To RCGP Curriculum Heading**

**(Adapted from The GP Specialty Training Programme OOH Care Short Answer Questionnaire)**

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| **Curriculum Area** | **Clinical Scenario** |
| **1.00 Being a General Practitioner** | You are preparing for your first duty doctor / OOH shift? What equipment will you need to carry (or have access to)?  How will you prepare for this shift?  Are you familiar with who else is on duty in your urgent care team, and what is their particular skill set / scope of professional practice?  Who will be available to you if you are unsure how to manage a particular case? (both as a trainee and after CCT)  An expected death of a 90 year old woman in a nursing home  An unexpected death of a 67 year old man at home with a history of angina.  Give an example of a death which is “unexpected but not surprising”. How are all these situations handled in hours / OOH? |
| **2.01 The GP Consultation in Practice** | There is a warning on the records of a 68 year old man that he has a history of being violent / aggressive. How will this affect your consultation?  How does your consultation style differ from performing routine surgeries to when you are duty doctor or working an OOH shift? |
| **2.02 Patient Safety and Quality of Care** | A 68 year old man is unwell with D&V. He has a PMH which includes IHD and type II diabetes. He asks you what he should do regarding his usual medications while he is vomiting as he recalls his own GP telling him something when he had his last kidney function test.  It is best to be extra careful making decisions when you are hungry, angry, late or tired - so **HALT**.  How might your own performance be affected when you are duty doctor?  A 78 year old man with a complex physical and psychiatric history presents with chest pain. How might you gain access to some of his GP records or discover details about his past problems. |
| **2.03 The GP in the Wider Professional Environment** | A nurse from MIU comes to you and says “could you just come and have a quick look at this rash please?” What are the possible pitfalls when offering advice to colleagues and how might you handle this request? |
| **2.04 Enhancing Professional Knowledge** | You see a 7 year old child with chicken pox and mum asks “how long does he need to be off school?” Off the top of your head you cannot remember. Where can you access this information?  ​You see a 38 year old solicitor who is very upset that she was given amoxicillin for tonsillitis 5 days ago but has come out today in a very itchy rash as it turns out she has glandular fever. How do you manage her rash today and how should you offer to address her complaint about the way she was treated? |
| **3.01 Healthy People: promoting health and preventing disease** | A 45 year old builder who works for a large construction company asks for a sick note because his “back has gone again” and he is in agony. He has only taken 1 day off for this episode. How do you discuss his request for a sick note with him and the effect his work is having on his health?  A 35 year old smoker presents with a chest infection to your duty surgery. How do you decide how much to talk to them about smoking during this consultation? What actual phrases will you use? |
| **3.02 Genetics in Primary Care** | A 37 year old first time mum has just got her ante-natal screening results for Downs and has been called for further testing. She has a history of anxiety. ​She sounds very distraught a​n​d her voice is tremulous on the phone. It is hard to hear what she is saying because she is so tearful.  How do you address her worries today?  How would you handle this? |
| **3.03 Care of Acutely Ill People** | A 52 year old attends reception complaining of a very scratchy throat and a tight feeling in the chest. She was given amoxicillin an hour ago by one of your colleagues for a chest infection and she thinks she might be allergic. |
| **3.04 Care of Children and Young People** | A 6 year old with pain - for example headache, earache, sore throat, abdominal pain  A 3 year old with vomiting and rigors  A 6 week old baby who is vomiting |
| **3.05 Care of Older Adults** | 82 year old with recurrent falls who is on anti-coagulants, has just had another fall on the way to the toilet from their bed  79 year old with dementia who is more confused than normal, the home are asking for antibiotics for ? UTI |
| **3.06 Women’s Health** | A 34 year old with chest pain in the 3rd trimester  Abdominal pains and feeling unwell 3 days after an IUD fitting  Vaginal bleeding at 16 weeks of pregnancy  A 14 year old attends with heavy and painful vaginal bleeding  Abdominal pain in a 24 year old whose last period was 6 weeks ago  A 23 year old with a foul smelling PV discharge and feeling feverish |
| **3.07 Men’s Health** | A 39 year old who is doubled up in abdominal pain.  A 28 year old cyclist with pain in his left testicle for the last 2 hours |
| **3.08 Sexual Health** | ​Condom split 3 days ago  Discharge and abdominal pain in a sexually active 19 year old  ​Discharge and pain in a 23 year old who has just had an IUD fitted |
| **3.09 End-of-Life Care** | A 68 year old with metastatic prostate cancer complains of reduced mobility and back pain  74 year old ex smoker with lung cancer suddenly becomes more confused, thirsty and vomits  A 79 year old with metastatic oesophageal cancer is now unable to swallow his medications. He has had 4 sub cut injections of Just in case diamorphine (5mg each time) in the last 24 hours  What is your next step? Who would you involve for further help or advice?  An 88 year old patient recently discharged from hospital is being seen at home for another chest infection. As you are leaving he says "If it gets worse again doc please don't send me back in there". What further questions would you need to ask to enable you to complete his TEP form? |
| **3.10 Care of People with Mental Health Problems** | A 34 year old man who has recently split up with his girlfriend, has been drinking and is now threatening suicide  A 42 year old known schizophrenic who has become increasingly agitated and aggressive  A young man who appears agitated, excited and is talking nonsense |
| **3.11 Care of People with Intellectual Disability** | ​34 year old with Downs syndrome becomes very confused and his carers say he smells of urine  17 year old in fully supported living suddenly becomes very chesty and the carers are worried. He has never been very good at swallowing medication, even in liquid form. |
| **3.12 Cardiovascular Health** | A 78 year old man has become very short of breath over the last 3 days, especially in the night  A middle aged man complains of central chest pain radiating to his left arm  An 81 year old diabetic becomes faint and complains of chest and abdominal pain |
| **3.13 Digestive Health** | A 28 year old has a haematemesis after a stag night 2 nights ago  Worsening abdominal pain in a 46 year old man with a history of dyspepsia  A 70 year old man complains of bloody diarrhoea  A 51 year old woman has severe rectal bleeding  D&V in a 26 year old for 48 hours  A 44 year old female with right upper quadrant pain and fever  Abdominal pain in a 33 year old after a minor RTA |
| **3.14 Care of People who Misuse Drugs and Alcohol** | ​45 year old known alcoholic has a fall at home  60 year old alcoholic becomes chesty  23 year old on methadone becomes feverish and a bit delirious  A new patient requests you take over his methadone script - he has run out and he couldn't get an appointment with his own doctor sooner |
| **3.15 Care of People with ENT, Oral and Facial Problems** | ​Earache in a 6 year old  Tonsillitis in a 19 year old university student  Unilateral ear discharge in  1. a 2 year old child  2. a 38 year old just returned from holiday in Greece  Unilateral nasal discharge in a 3 year old feverish child  Symptoms of acute sinusitis in a 48 year old woman for 48 hours |
| **3.16 Care of People with Eye Problems** | A 30 year old man with a sore eye after changing a car exhaust  A severely painful eye with vomiting in a 50 year old woman  An 8 year old boy with sticky eyes and coryzal symptoms. The mother asks if he is able to attend school tomorrow?  68 year old w​i​th swollen red left eye and eyelid which is getting worse |
| **3.17 Care of People with Metabolic Problems** | Which drugs might you need to stop temporarily during a bout of D&V in a 63 year old diabetic with a history of IHD?  A 54 year old diabetic presents with increasingly frequent hypoglycaemic episodes  A 51 year old type II diabetic who is a HGV driver who presents with high bm’s and a chest infection.  Ketonuria in an unwell 38 year old with type I diabetes  ​7 year old presents with polyuria polydipsia and a red itchy rash in groin  A Nurse from a local Nursing Home calls as a 84 year old type II diabetic has a bm of 28  Type I diabetic has D&V for 48hrs and wants to know what to do about insulin |
| **3.18 Care of People with Neurological Problems** | A 33 year old man with a first episode of sudden onset unilateral headache  An 80 year old who is unexpectedly confused 10 days after a fall  A first ? febrile seizure in a feverish 3 year old boy  The 4 year old who seems delirious with a fever and a mottled rash  A 59 year old has a one week history of a weak right arm |
| **3.19 Respiratory Health** | A 3 year old feels hot, looks ill, and his breathing sounds very chesty  A 9 year old who is feverish and dribbling with a very sore throat  A 27 year old woman complains of sudden onset of pleuritic sounding chest pain and haemoptysis  A 74 year old with known COPD who has suddenly become much more short of breath |
| **3.20 Care of People with Musculoskeletal Problems** | An 18 month old who is refusing to walk  A 14 year old with a painful hip  A 75 year old lady who is unable to move her right leg  A 22 year old footballer with a tender swollen ankle |
| **3.21 Care of People with Skin Problems** | A blistery painful rash on the trunk in a 65 year old  A blistery painful rash very near to the left eye in a 65 year old  A 6 year old with numerous weeping / crusting lesions all over |