

1. **Term 1: Knowledge - 10<sup>th</sup> Aug 2016 – 19<sup>th</sup> October**  
**2016**

Please be aware that attendance is expected. Any planned absences should be reported to Iain.  
**all sick leave must be reported by all trainees to First Care on 0333 321 8053**

Date	ST3 Teaching 08.45 – 12.00	Lunch 12.00 13.00	ST1&2 Teaching & LLog Prep 13.00-16.00pm	Official	
3 Aug	<b>TRUST INDUCTION – NO GPSTS</b>				
10 Aug	<b>ST3 Induction</b>	ST3 & ST2 Lunch	<b>ST2 Induction</b>		
17 Aug	<b>Lisette Howers Prescribing</b>	ST3 & ST1 Lunch	<b>ST1 Induction Pt1</b>		
24 Aug	<b>AUDIT Terry Conaty</b>	<b>NO ST1/2 GP STS</b>			
31 Aug	<b>MSK Laura Finucane</b>	<b>NO ST1/2 GP STS</b>			
7 Sep	<b>Mens Health Andy Brett</b>	12.00 – 12.15 LFG REPS	ST1, ST2 & ST3 <b>ST1&amp;2 Afternoon Session with Program Directors</b>		
14 Sep	<b>External Session at Moatfield Surgery East Grinstead 8.30 Start – NOT AT PGEC</b>	<b>NO ST1/2 GP STS</b>			
21 Sep	Morning session moved to afternoon – details have been sent	<b>NB Medical GP Update Reigate Manor Hotel – All Years</b>			
28 Sep	<b>Contraception Radhika Vohra</b>	<b>GP LFG 1-4 PGEC rooms 7&amp;8 – lunch from 12.30</b>			
5 Oct	<b>ST3 Residential - NO ST1/2 GP STS</b>				
12 Oct	<b>GPSTS Faculty Planning meeting, No GPSTS</b>				<b>PGEC IN USE</b>
19 Oct	<b>GPST3 Residential Debrief</b>	12.00 – 12.15 LFG REPS	ST1, ST2 & ST3 <b>Cardiology Townhill Practice, Catrham</b>		

## Term 2: Skills - 7<sup>th</sup> Dec 2016 – 1st Mar 2017

Please be aware that attendance is expected. Any planned absences should be reported to Iain.

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Date	ST3 Teaching 08.45 – 12.00	Lunch 12.00 13.00	ST1&2 Teaching & LLog Prep 13.00-16.00pm	Official
7 Dec	<b>Lucy Cox</b> Sexual Health	<b>NO ST1/2 GP STS</b>		<b>ST1/2 CHANGE TRAINER SET 7th</b>
14 Dec	CRESH Time Table Changes and Training planning session	12.00 – 12.15 LFG REPS	ST1, ST2 & ST3  <b>ST1&amp;2 Afternoon</b> MSK Bob Ward	
21 Dec	<b>GPST3 Festive session</b>	<b>CRESH GPSTS XMAS CURRY</b> All Trainees, Trainers and Supervisors invited		
<b>CRESH GP STS CHRISTMAS BREAK – NO CRESH GPSTS</b>				
4 Jan	<b>ST3 CSA Simulation day</b> Educational Supervisors invited to attend			
11 Jan	<b>Murali Bhat 9-10.30</b> Rapid assessment of Common Hand and Upper Limb disorders in GP ST3 Focus – ST1-2 Hot Topics SR6	<b>NO ST1/2 GP STS</b>		
18 Jan	<b>Mike Waldron 9-10.30</b> Driving as a GP, DVLA. ST3 Focus – ST1-2 Hot Topics SR6	ST3 & ST1 Lunch	<b>ST1 Induction Pt2</b>	
25 Jan	<b>Speaker TBC</b> ST3 Focus – ST1-2 Hot Topics SR6	<b>NO ST1/2 GP STS</b>		
1 Feb	<b>Shamaela Waheed 9-10.30</b> <b>Breast Cases &amp; Management</b> ST3 Focus – ST1-2 Hot Topics SR6	12.00 – 12.15 LFG REPS	ST1, ST2 & ST3  <b>ST1&amp;2 Afternoon – Kate Little</b> Exercise - the Miracle Cure? The health benefits of physical activity.	
8 Feb	<b>Julian Webb 9-10.30</b> Subject TBC ST3 Focus – ST1-2 Hot Topics SR6	<b>GP LFG 1-4</b> PGEC rooms 7&8 – lunch from 12.30		
15 Feb	<b>Iain Wilkinson 9-10.30</b> Frailty ST3 Focus – ST1-2 Hot Topics SR6	<b>NO ST1/2 GP STS</b>		<b>AUDIT</b>
22 Feb	<b>Richard Wright 9-10.30</b> Difficult Patients ST3 Focus – ST1-2 Hot Topics SR6	12.00 – 12.15 LFG REPS	ST1, ST2 & ST3  <b>ST1&amp;2 Afternoon</b> Sexual Health Radhika Vohra	
1 Mar	<b>Level 3 Safeguarding Children – All to attend if not achieved.</b>			<b>Trainer Residential 7<sup>th</sup> &amp; 8<sup>th</sup></b>

## Term 3: Attitude - 5<sup>th</sup> April 2017 – 14<sup>th</sup> June 2017

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Date	ST3 Teaching 08.45 – 12.00	Lunch 12.00 13.00	ST1&2 Teaching & LLog Prep 13.00-16.00pm	Official
5 Apr		<b>NO ST1/2 GP STS</b>		<b>ST1/2 CHANGE</b>
	ST3 Focus – ST1-2 Hot Topics SR6			
12 Apr	<b>Alex Bobac 8.45-12.00</b> Smoking Cessation	<b>NO ST1/2 GP STS</b>		
19 Apr	<b>Sage &amp; Thyme</b> St Catherine's Hospice	ST3 & ST1 Lunch	<b>ST1 Induction Pt3</b>	
26 Apr	<b>Sue Beaton 10-12</b> Accountancy	<b>NO ST1/2 GP STS</b>		
3 May	<b>Appraisals</b> Kevin Hurrell 9-12	12.00 – 12.15 LFG REPS	ST1, ST2 & ST3	Dr Anita Raina Diabetes 1-2.30 Dr Yousiff Abousleiman 2.30-4
	<b>CV and Interview Skills</b> <b>MEM and PDs</b>	12.00 – 12.15 LFG REPS	ST1, ST2 & ST3	<b>ST1&amp;2 Afternoon</b> Speaker TBC
	ST3 Focus – ST1-2 Hot Topics SR6			
17 May	<b>External Session</b> <b>Oxted Medical Centre</b>	<b>NO ST1/2 GP STS</b>		<b>PGEC IN USE TRAINER SET 17th</b>
24 May	<b>Medical Defence Union</b> Desa Rado 10-12	<b>GP LFG 1-4</b> PGEC rooms 7&8 – lunch from 12.30		
31 May	<b>Relaxation &amp; Mindfulness</b> Phoebe Brown 10-12	12.00 – 12.15 LFG REPS	ST1, ST2 & ST3	<b>Iain Wilkinson</b> Parkinson's from a GP perspective
7 June	<b>Final GPSTS Loc TBC</b>	<b>NO ST1/2 GP STS</b>		
14 June	<b>ST2 Entry to ST3 &amp; Calibration Day</b> <b>Joint Hosted by current ST3s</b>			<b>TRAINER SET 12<sup>TH</sup> JULY</b>

### **Term 1 – 10th Aug to 19th Oct for GPST3**

10th August – ST2 only induction  
17th August - ST1 only induction Pt1  
7th September – ST1 & ST2 Afternoon  
21st September – ST1 & ST2 Afternoon  
**12<sup>th</sup> October – NO TRAINING FOR ALL YEARS**  
19th October – ST1 & ST2 Afternoon

### **Term 2 - 7th Dec to 1st Mar for GPST3**

14th December – ST1 & ST2 Afternoon  
**21st December – GPSTS Christmas meal and festive session ALL YEARS**  
18th January - ST1 only induction Pt 2  
1st February – ST1 & ST2 Afternoon  
22nd February – ST1 & ST2 Afternoon

### **Term 3 – 5th Apr – 14th Jun for GPST3**

19th April – ST1 only induction Pt 3  
3rd May – ST1 & ST2 Afternoon  
10th May – ST1 & ST2 Afternoon  
31st May – ST1 & ST2 Afternoon  
**14th June – GPST2 Entry to ST3 and Calibration Day ST2 only ALL DAY EVENT –**

## **Trainer Learning Sets 2016-2017 (not for Trainees)**

**7th December 2016 – Stanhill - ARCP**

**7th & 8th March Residential Pos Stanhill - sims/ feedback / CEPS/ WPBA/ QIA/ resilience/ influencing/ change/ transition/. Michael Wilson & Tina Suttle-Smith**

**17th May Loc TBC- Cathy Gleeson**

**12th July - TBC**