

Fitness to Fly

Delay	Day(s)
Colonoscopy / laparoscopy	1
Plaster cast	1-2
Angioplasty	3
TIA / stroke	3-10
Neuro- / ocular surgery*	7
Uncomplicated MI†	7-10
Abdominal surgery	10
CABG	10-14
Drained pneumothorax	14

Contraindicated
Symptomatic valvular disease (relative)
Unstable angina
Decompensated heart failure
Uncontrolled hypertension
Uncontrolled arrhythmia
Singleton pregnancy‡ > 36 weeks
Multiple pregnancy‡ > 32 weeks
Active respiratory infection
Active pneumothorax

* In retinal detachment delay travel for 2-6 weeks depending on inflation gas used

† In complicated MI delay by 4-6 weeks

‡ Most airlines require a certificate after 28 weeks, confirming that the pregnancy is progressing normally, that there are no complications and the expected date of delivery