

Developmental Assessment Station in One Page

Age	Gross Motor	Fine Motor / Vision				Speech / Language	Social
		Draw	Brick	Cut	Beads		
6 weeks	<ul style="list-style-type: none"> Good head control – raises head to 45° when on tummy, Stabilises head when raised to sitting position 	<ul style="list-style-type: none"> Tracks object/ face 				<ul style="list-style-type: none"> Stills, startles at loud noise 	<ul style="list-style-type: none"> Social smile (visual problem if not)
6 months	<ul style="list-style-type: none"> Sit without support, rounded back Rolls tummy (prone) to back (supine) . Vice versa slightly later. 	<ul style="list-style-type: none"> Palmar grasp (5m) Transfer hand to hand 				<ul style="list-style-type: none"> Turns head to loud sounds Understands “bye bye” / “no” (7m) Babbles (monosyllabic) 	<ul style="list-style-type: none"> Puts objects to mouth (stops at 1yr) Shakes rattle Reaches for bottle / breast
9 months	<ul style="list-style-type: none"> Stands holding on Straight back sitting (7 ½ m) 	<ul style="list-style-type: none"> Inferior pincer grip Object permanence 				<ul style="list-style-type: none"> Responds to own name Imitates adult sounds 	<ul style="list-style-type: none"> Stranger fear (6-9 mths – 2yrs) Holds and bites food
12 months	<ul style="list-style-type: none"> Walks alone (9-18m) → 18m is threshold for worry – i.e. Duchenne’s MD, hip problems, cerebral palsy etc 	<ul style="list-style-type: none"> Draw 	<ul style="list-style-type: none"> Brick 2 	<ul style="list-style-type: none"> Cut 	<ul style="list-style-type: none"> Beads 	<ul style="list-style-type: none"> Shows understanding of nouns (“where’s Mummy?”) 3 words (50% at 13m) Points to own body parts (15m), doll (18m) 	<ul style="list-style-type: none"> Waves “bye bye” Hand clapping Plays alone if familiar person nearby Drinks from beaker with lid
		<ul style="list-style-type: none"> Neat pincer grip (10m) Casting bricks (should disappear by 18m – persistence beyond this = abnormal) 					
18 months	<ul style="list-style-type: none"> Runs (16m) Jumps (18m) 	<ul style="list-style-type: none"> To and fro (15m) 	<ul style="list-style-type: none"> 4 			<ul style="list-style-type: none"> Shows understanding of nouns (“show me the xxxxx”) 1 to 6 different words 	<ul style="list-style-type: none"> Imitates every day activities
2 Years	<ul style="list-style-type: none"> Runs tiptoe Walks upstairs, both feet / each step. Throws ball at shoulder level 	<ul style="list-style-type: none"> Vertical line 	<ul style="list-style-type: none"> 8 			<ul style="list-style-type: none"> Shows understanding of verbs (“what do you <i>draw</i> with, what do you <i>eat</i> with?”) 2 words joined together (50+ words) 	<ul style="list-style-type: none"> Eats skilfully with spoon (2½ years)
		<ul style="list-style-type: none"> Puzzles – shape matching is >2 yr skill. Random effort <2 yr Turns several pages of book at a time 					
2 ½ Years	<ul style="list-style-type: none"> Kicks ball 	<ul style="list-style-type: none"> Horizontal line 				<ul style="list-style-type: none"> Shows understanding of prepositions in/on (“put the cat on the bowl”) 3 – 4 words joined together 	
3 Years	<ul style="list-style-type: none"> Hops on one foot for 3 steps (each foot) Walks upstairs, one foot per step; downstairs two feet per step. 	<ul style="list-style-type: none"> Circle 	<ul style="list-style-type: none"> Bridge □ □ (or train) 	<ul style="list-style-type: none"> Single cuts 	<ul style="list-style-type: none"> Griffiths beads 	<ul style="list-style-type: none"> Understands negatives (“which of these is NOT an animal?”) Understands adjectives (“which one is red?”) 	<ul style="list-style-type: none"> Begins to share toys with friends Plays alone without parents Eats with fork and spoon Bowel control
		<ul style="list-style-type: none"> Turns one page of book at a time 					
3 ½ Years				<ul style="list-style-type: none"> Cuts pieces 		<ul style="list-style-type: none"> Understands comparatives (“which boy is bigger than this one?” while pointing to middle-sized boy! Or draw circles to illustrate point) 	
4 Years	<ul style="list-style-type: none"> Walks upstairs / downstairs in adult manner 	<ul style="list-style-type: none"> Cross 	<ul style="list-style-type: none"> 12 blocks 	<ul style="list-style-type: none"> Cuts paper in half 	<ul style="list-style-type: none"> Small beads 	<ul style="list-style-type: none"> Understands complex instructions (“Before you put x in y, give z to Mummy”) Uses complex narrative / sequences to describe events. 	<ul style="list-style-type: none"> Concern/sympathy for others if hurt Has best friend Bladder control (4½ years) Engages in imaginative play, observing rules (4½ to 5 years old) Eats skilfully with little help Handles knife (at 5 yrs) Dressing and undressing
		<ul style="list-style-type: none"> Square (4.5 yrs) 	<ul style="list-style-type: none"> Steps □ □ □ □ □ 				
		<ul style="list-style-type: none"> Triangle / person (5 yrs) 	<ul style="list-style-type: none"> Big steps (5y) □ □ □ □ □ □ □ □ □ □ 				