

GPST3 Full-time

Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12
CCR x 4	CCR x 4	CCR x 4	CCR x 4	CCR x 4	CCR x 4	CCR x 4	CCR x 4	CCR x 4			
UUC: Reflective Log entries, OOH Evidence & Summary Grid Attached To 'Supporting Documentation' Log Entries											
		Quality Improvement Activity				Learning Event Analysis					
				Leadership Activity							
				Clinical MSF				Leadership MSF			
						Patient Satisfaction Questionnaire					
CEPS: Breast		CEPS: Prostate		CEPS: Male Genital		CEPS: Rectal		CEPS: Female Genital			
	COT	COT	COT	COT	COT	COT	COT	COT			
		CAT	CAT	CAT	CAT	CAT	CAT				
		Prescribing Assessment									
	AKT					RCA					
									FORM R		
PPM					iESR/ESR				ESR		

Supervisor to start a new review period. You can add entries for first appraisal post-CCT.

Mandatory Certificates:
 BLS: CPR and AED (face to face, annual requirement)
 Childrens Safeguarding level 3
 Adult Safeguarding level 3

Due 2 weeks before ARCP

ARCP
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CCT
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Notes:

These are the **minimum mandatory requirements** for WPBAs and log entries. The roadmap above shows a recommendation of how to spread your Portfolio entries through your ST3 'year'. Mandatory CEPS may have already been achieved in earlier years.

- Exams AKT/RCA: Please discuss with your education team and ES and agree together the best time for you to sit.
- PDPs: Should be done throughout the year, start PDPs from your first PPM and review PDPs at each ESR, then collaboratively decide on further PDPs.
- COT: accept both COTs or audio-COTs
- CCR: total of 36 over the year, remember to include safeguarding case reflections on adult and child safeguarding in action.
- If you have undertaken any work outside of training, record it on your Form R and fill in a 'reflection of work outside of training' form and attach to Portfolio.
- ESR: due 2 weeks before ARCP Panel, but not more than 6 weeks before ARCP panel date. For your first ESR there is an option of completing an iESR if applicable.
- CEPS: female genital - must include part a & b, which is cervix visualisation and bimanual examination
- Safeguarding: besides completing children and adult safeguarding level 3 training you will need reflections on safeguarding in action for children and adult every 'year'. 12 months after completing level 3 training, you will then need annual updates on safeguarding for adult and children (see RCGP website).



Health Education England
Working Across Wessex