

# Great Western Trainers Workshop

We are a group of GP trainers in the Bristol area, some of whom have been meeting for more than fifteen years, and we exist to provide mutual support around the issues of training and also our other work within General Practice. Our meetings are generally informal and fun. Sometimes our sessions are self-resourced, sometimes we invite visiting speakers. Our key aim is to provide a friendly, trusting and confidential setting where peer support can flourish. Because we live and work in diverse locations around the greater Avon area, our meeting venues vary but are usually in central Bristol. Occasionally we might choose to have a stress-busting walk in the country with pub lunch. We aim to meet for 3 days per year. Over recent years we have developed the pattern of meeting for 2 half days in Bristol, then one 2 day meeting with overnight stay in a hotel in the countryside, usually each autumn. Sometimes we have invited another group to join us (usually the North Avon Trainers group) for the 2 day meeting. We usually need to augment our funding from the deanery with drug company sponsorship, so that we run at little or no cost to members. Six years ago we have had a huge change in membership, with two thirds of the group joining over the last six years. We now have 14 members and currently new membership is closed.

## **Convenor 2015**

Doug Redpath Grange Road Surgery Bishopsworth Bristol BS13 8LD  
doug.redpath@gp-L81054.nhs.uk 0117 9644343 / 07980889360

## **Treasurer 2014**

Andy Cordell. Horfield Health Centre, Lockleaze Road, Bristol BS7 9RR  
andrew.cordell@gp-L81022.nhs.uk 0117 969 5391

## **Past convenor**

Matt Goldie. Southmead Health Centre, Ullswater Road, Bristol BS10 6DF  
matthew.goldie@gp-l81067.nhs.uk 0117 950 7150 (2014-2015)

## **Members**

Nick McCulloch, Ernst Scholte, Doug Redpath, Mark Wilmshurst, Jane Collyer, Jenny Grenfell-Shaw, Matthew Goldie, Andrew Cordell, Ann Sephton, Zara Aziz, Harriet Delap, Holly Paris, Samantha Morgan

Recent meetings

## **2014**

16th October

half day discussion

Training federation to train other staff e.g. nurses, HCAs  
Discussion about pilot scheme.

Discussion about how shared tutorials may work; best with problem case  
.analysis, best for registrars of different experience levels

How to encourage and educate registrars about portfolio careers, doing tutorials  
about this, using deanery careers advisor, why are so many trainees not  
continuing in GP

transfer, delayed access to portfolio, tips for getting reg to engage with portfolio

COT calibration/benchmarking

Watched video of registrar consulting

Differences of opinion but no extreme outliers

## **2015**

Jan 29/30

Two day workshop combined with Northavon Trainers:

**Myers Briggs and practical application of Myers Briggs Type Indicators (Full Day)**

**Group Discussion Topics**

**Benchmarking CBD and COTS**

**Observation of CBD**

**Spotting the Trainee in difficulty solutions / documentation/ use of eportfolio in this  
area**

May 14<sup>th</sup>

Half day session

Mutual trainer support, addressing current issues around work force planning (including  
training /recruitment Nurse Practitioners) , potential Surgery Closures, use of  
'Armageddon Clause' in Practice agreements, discussion on self knowledge rating scales  
– all agreed find cumbersome and rarely used.

