AKT Preparation Course

**Dates:**

Day 1: Wednesday 12.2.20 0930-16.30 Teaching Room 2, The Ridge Medical Centre, Cousen St, BD7 3JX.

Day 2: Wednesday 19.3.20. 0930 -16.30. Bevan House Primary Care Centre 14 Piccadilly, Bradford BD1 3LS.

**Facilitators:** Dr Nick Price and Abid Iqbal

**Who is this for?:** ST1s and any trainee who has not done this course before.

**Aims of the AKT Preparation Course**

* Assist candidates in planning their preparation strategies for the AKT exam
* Offer insight into the format and scope of the AKT exam
* Help develop an understanding of the principles of Evidence-Based Practice, Research Methodology and Information Mastery

**Objectives of Day 1**

By the end of Day 1 participants will have:

* Become more aware of what the AKT is about and what it involves
* Had their concerns and questions about this assessment addressed
* Had the opportunity to sit an abbreviated practice paper and received a score
* Reviewed the answers for a sample of questions in the context of the depth and breadth of knowledge required
* A greater understanding of the principles of study design
* A working knowledge of the various research methods

**Objectives of Day 2**

By the end of Day 2 participants will have:

* Increased their knowledge of some common statistical concepts that can come up on the AKT
* Practised application of some basic statistical concepts
* Had the opportunity to apply some of the principles of basic medical statistics
* A basic understanding of qualitative research
* An understanding of how evidence is applied to clinical practice

**Day 1 Programme**

0930 Arrival, welcome and introduction

1000 Introduction to the AKT

1045 Break

1100 “Do a paper”.

1200 Review questions – identifying learning needs, resources and strategies

1300 Lunch

1400 Introduction to evidence based practice and study design.

1515 Break.

1530 Applying EBP and Evaluation

1630 Finish

**Day 2 Programme**

0930 Arrival, welcome and introduction

1000 Introduction to statistics

1100 Break.

1130 Using statistics - workbook

1300 Lunch

1400 Introduction to qualitative research, reviewing study designs.

1515 Break.

1530 Strategies for preparing for the AKT and Evaluation

1630 Finish