

Bolton GP ST3-A Day Release Teaching Programme v1.1 (Last updated: 22/09/2024)

September 2024 – February 2025					
Date	Morning Session Existing ST3	Morning Session New ST3	Afternoon Session All Trainees	AoC	Exam Dates
	0900-1300	0900-1300	1330-1630		
28 Aug	SCA Practice (Fatima Bulama)	in GP	SCA Practice	3 6 7	
4 Sept	SCA Practice	in GP	SCA Practice	3 6 7	
11 Sept	SCA Practice	Introduction to ST3 (SP, KR, RP, SK, NW)	Team Interviews (SP, KR, RP)	1 3 7 13	SCA 10-13 th Sept
18 Sept	SCA2: Consults with First5 GPs (SP, KR)		SCA Practice	3 6 7 8	
25 Sept	ASCS: 1 & 2	SCA5: Mock	SCA Practice	1 3 4 6 7 8 11 12 13	
2 Oct	SCA Practice	SCA1: How to Approach the SCA (Ian Hamer)	SCA4: Critique & Benchmarking (SP)	3 4 7	
9 Oct	GP Trainer Day: For ES/CS				SCA 8-11 th Oct
16 Oct	“Beyond Labels” (Sally Heady)		SCA Practice	1 8 12	
23 Oct	SCA2: Consults with Actors		Consultation Models (SP)	3 6 7 8	
30 Oct	ASCS3	SCA Practice	ASCS3	3 4 6 8 9 10	AKT 30 th Oct
6 Nov	Great Explanations & Focussed Examinations		Great Explanations & Focussed Examinations	4 5	SCA 5-8 th Oct
13 Nov	PRiME 1 (University of Manchester)		SCA Practice	3 10	
20 Nov	PRiME 2 (University of Manchester)		SCA Practice	3 10	
27 Nov	Wellbeing Day			1 9 10 11 12 13	
4 Dec	Adult Safeguarding L3 (Sarah Kiely)		SCA Practice	1 2 8 9 10 12 13	
11 Dec	Belbin Team Roles (SP, KR, JP)		Career Options (SP/KR)	1 9 10 11 12	SCA 7-10 th Jan
18 Dec	BLS/AED/Anaphylaxis Training (Bolton FT Resus Officers)		GP 2024	1 5 6 7 9 10	
25 Dec	no planned sessions				
1 Jan	no planned sessions				
8 Jan	Ethics (SP)		Non-NHS Work in GP (SP)	1 2 9 10 12	
15 Jan					
22 Jan	Child Safeguarding L3 (Gabi Lipshen & Charlotte Mackinnon)			1 2 8 9 10 12 13	
29 Jan	Active Bystander training			1 2 9 10 11 12 13	AKT 29 th Jan
5 Feb	in GP	in GP	in GP		

- New name for “Advanced Consult Skills”
 - PEGS: Post Exam GP Skills
 - GProsper
 - Thrive
 - Trainee to GP

	SCA Preparation Course (SCA Prep)	Advanced Consultation Skills Course (ACSC)
1	How to Approach the RCA (with Ian Hamer)	Positive Practice
2	Mock SCA	Accepting Imperfection
3	Case Roleplays with First5 GPs	Doctor-Efficient Care (including Triage)
4	SCA Examiner Skills: Critique and Benchmarking Exercise	-
5	SCA Consultations with Actors	SCA Consultations with Actors

Areas of Capability

1. Fitness to practise – the doctor's awareness of when his/her own performance, conduct or health, or that of others, might put patients at risk, and taking action to protect patients
2. Maintaining an ethical approach – practising ethically, with integrity and a respect for diversity
3. Communication and consultation skills – communication with patients, and the use of recognised consultation techniques
4. Data gathering and interpretation – for clinical judgement, choice of physical examination and investigations and their interpretation
5. Clinical examination and procedural skills – competent physical examination of the patient with accurate interpretation of physical signs and the safe practice of procedural skills
6. Making a diagnosis / decisions – a conscious, structured approach to decision making
7. Clinical management – recognition and management of common medical conditions in primary care
8. Managing medical complexity – aspects of care beyond managing straightforward problems, including management of co-morbidity, uncertainty, risk and focusing on health rather than just illness
9. Working with colleagues and in teams – working effectively with other professionals to ensure good patient care, including sharing information with colleagues
10. Maintaining performance, learning and teaching – maintaining performance and effective CPD for oneself and others
11. Organisation, management and leadership - an understanding of the use of computer systems to augment the GP consultation and primary care at individual and systems levels, the management of change, and the development of organisational and clinical leadership skills
12. Practising holistically, promoting health and safeguarding – operating in physical, psychological, socioeconomic and cultural dimensions, taking into account feelings as well as thoughts
13. Community orientation – management of the health and social care of the practice population and local community