














Bolton GP ST3 Teaching Programme: Semester A (August 2022 – Jan 2023)

| Date | Morning 0900-1230 | | Room | Afternoon 1330-1530 | Room | AoC | Notes |
|---|--|---|--|--|------|-----------------------------|--------------------------------------|
| | New Starters | Existing ST3 | | | | | |
| 10 Aug | - | RCA Prep (unsupervised) | SR2 | - | - | 3 4 5 6 7 | |
| 17 Aug | - | RCA Prep (unsupervised) | SR2 | - | - | 3 4 5 6 7 | |
| 24 Aug | Welcome, Introductions (Speed Meeting), Group Rules (timeliness, RCA, Absence) | | SR2 | All About You | SR2 | 1 9 12 | Carrs Lunch |
| 31 Aug | - | RCA Prep (unsupervised) | SR2 | | SR2 | 3 4 5 6 7 | RCA prep PM |
| 7 Sept | Rivington Walk: All about you | (KR/SP) |  | BOLTON ICS Teaching: Mental Health | | 1 3 4 7 9 10 12 13 | |
| 14 Sept | Consultation Models (KR/SP) | RCA Prep (unsupervised) | SR1/SR2 | | SR2 | 3 4 5 6 7 | RCA prep PM |
| RCA Submission Deadline 1300 Wednesday 21 st September | | | | | | | |
| 21 Sept | RCA Prep 1: How to Approach the RCA (Dr Ian Hamer, RCGP Examiner & KR) | ACS1: Positive Case Reviews – what went well (SP) | LT/SR1/SR2 | Trainee interviews | SR2 | 1 3 4 8 10 | |
| 28 Sept | RCA Prep 2: Focussed Examination (KR) | ACS2: Accepting Imperfection (SP) | SR1/SR2 | Prescribing Effectively (Jole Hannan & SP) | SR2 | 3 4 5 6 8 11 13 | |
| 5 Oct | RCA Prep 3: Patient-Centred Management (KR/SP) | PDP/Leadership/Prescribing Time | SR1/SR2/ DR1/DR2 | BOLTON ICS Teaching: End of Life | | 2 3 4 5 6 7 8 9 10 12 13 | Tom H and Tom W Nadia K Kate B |

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|--|--|-------------------------|---------------------|---|-----|-----------------------|-------------|
| 12 Oct | Beyond Labels – Understanding Patient Behaviour | Sally Heady (SP) | SR1 | RCA Prep 4: Examiner – Critique & Benchmarking (SP) | SR2 | 2 3 8 10 | |
| 19 Oct | PDP/Leadership/Prescribing Time | RCA Prep (unsupervised) | DR1 | ACS3: Patient-Centred and Doctor Efficient Consultations (SP) | SR2 | 3 4 7 8 10 | |
| AKT 26th October | | | | | | | |
| 26 Oct | Study Day | | SR1/SR2 | Study Day | SR2 | | |
| 2 Nov | RCA Prep 5/ACS4: Consultations with Actors (KR & SP) | | SR1/SR2/DR1 | BOLTON ICS Teaching: Paediatrics | SR2 | 3 4 6 7 8 10 12 13 | RCA prep PM |
| 9 Nov | Great Explanations (KR & SP) | | SR1/SR2 | - | | 3 4 | |
| RCA Submission Deadline 1300 Wednesday 16 th November | | | | | | | |
| 16 Nov | Wellbeing Day (KR & SP) | | SR1/SR2/ DR1 | Wellbeing Day | SR2 | 1 9 10 12 | |
| 23 Nov | PRIME 1 (University of Manchester) | | SR1 / DR1 | - | SR2 | 9 10 12 | RCA prep PM |
| 30 Nov | PRIME 2 (University of Manchester) | | SR1 / DR1 | - | SR2 | 9 10 12 | RCA prep PM |
| 7 Dec | Teamwork & Belbin Roles (SP & KR) | | SR1/SR2/ DR1/DR2 | BOLTON ICS Teaching: Urology | - | 1 4 9 10 11 12 13 | |
| 14 Dec | BLS/AED (SP/KR) | | SR1/SR2 | Xmas Lunch | SR2 | 4 5 7 9 10 | |
| 21 Dec | - | | - | - | SR2 | | RCA prep |
| 28 Dec | - | | - | - | - | | |
| 4 Jan | - | | - | - | - | | |
| 11 Jan | Practical Ethics (SP) | | SR1/DR1 | - | - | 1 2 8 10 12 | |
| 18 Jan | Adult Safeguarding Sarah Kiely (SP) | | SR1 | Non direct patient facing GP work (SP) | SR2 | 2 8 9 11 12 13 | |
| RCA Submission Deadline 1300 Tuesday 24 th January | | | | | | | |
| AKT Wednesday 25 th January | | | | | | | |

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| 25 Jan | Child Safeguarding (Charlotte & Gabi) (SP/KR) | SR1 | Career Options Partner and Salaried roles (SP & KR) | | 2 8 9 11 12 13 | |
| 1 Feb | ST3B Begins | | BOLTON ICS Teaching: Gastroenterology | | | |

Key

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|--|---|--|---|--|--|
| Tutors | KR/SP/JP/RP/SK/NW | Kat Rothwell/Seb Pillon/Julian Page/Reuben Pratheepan/Sadiyah Kauser/Nick Walton | | | |
| Delivery |     | Zoom/MS Teams/Classroom/Outside | | | |
| Rooms | LT/SR1/SR2/DR1/Lounge | Lecture Theatre/Seminar Room 1/Seminar Room 2/Discussion Room 1/Lounge | | | |
|  RCA Preparation |  Consultation Skills |  Education |  Management & Leadership | | |
|  Preparation for CCT |  BOLTON ICS Teaching |  Ethics & Medico-Legal Practice |  Clinical | | |

| | RCA Preparation Course (RCA Prep) | Advanced Consultation Skills Course (ACSC) |
|---|---|--|
| 1 | How to Approach the RCA (with Ian Hamer) | What Went Well? Positive Case Reviews |
| 2 | Remote Consultations & Examination | Accepting Imperfection |
| 3 | Patient-Centred Management (Cases with ex-ST3s) | Patient-Centred & Doctor-Efficient Care |
| 4 | RCA Examiner Skills: Critique and Benchmarking Exercise | Consultations with Actors |
| 5 | Consultations with Actors (with ex-ST3s) | |

Areas of Capability

1. Fitness to practise – the doctor's awareness of when his/her own performance, conduct or health, or that of others, might put patients at risk, and taking action to protect patients
2. Maintaining an ethical approach – practising ethically, with integrity and a respect for diversity
3. Communication and consultation skills – communication with patients, and the use of recognised consultation techniques

4. Data gathering and interpretation – for clinical judgement, choice of physical examination and investigations and their interpretation
5. Clinical examination and procedural skills – competent physical examination of the patient with accurate interpretation of physical signs and the safe practice of procedural skills
6. Making a diagnosis / decisions – a conscious, structured approach to decision making
7. Clinical management – recognition and management of common medical conditions in primary care
8. Managing medical complexity – aspects of care beyond managing straightforward problems, including management of co-morbidity, uncertainty, risk and focusing on health rather than just illness
9. Working with colleagues and in teams – working effectively with other professionals to ensure good patient care, including sharing information with colleagues
10. Maintaining performance, learning and teaching – maintaining performance and effective CPD for oneself and others
11. Organisation, management and leadership - an understanding of the use of computer systems to augment the GP consultation and primary care at individual and systems levels, the management of change, and the development of organisational and clinical leadership skills
12. Practising holistically, promoting health and safeguarding – operating in physical, psychological, socioeconomic and cultural dimensions, taking into account feelings as well as thoughts
13. Community orientation – management of the health and social care of the practice population and local community