

Welcome to GP Specialty Training in Bolton

Dr Nick Pendleton

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**INTRODUCTION TO GP TRAINING BY
TRAINING PROGRAMME DIRECTOR :
DR NICK PENDLETON**

A bit about me...

- **Working in Bolton since 2000**
- **Bolton GP Training Scheme 2001**
- **GP since 2004**

- **GP Roles have included: Salaried GP, Locum GP, Private GP/Clinical Lead, Out of Hours GP, GP Partner, Safeguarding Lead**

A bit about me...

- **Educational/Developmental Roles:**
- **Educational Lead for GP Out of Hours and Group of 7 Practices**
- **Primary Care Medical Educator 2010-20**
- **GP Appraiser 2012**
- **GP Training Programme Director 2013**
- **GP Trainer 2013**
- **ARCP Panel member 2014**
- **CSA SOX Group – supporting Trainees who have failed CSA**



ST1

- **Educational Supervisors in GP**
- **Clinical Supervisors in Hospital Post**
- **Days in GP during hospital posts**
- **Assessments and eportfolio**
- **ST1 Teaching Programme**
- **ST2- GP and GP Plus posts, Teaching Programme and the AKT exam**
- **ST3 – Day Release Course, Residential and CSA/RCA exam**

Bolton GP Specialty Training

A Structured Training Programme for Doctors Wishing to Become Excellent GPs

[Communication Skills Training in ST2](#)

[Educational Supervisors for ST1 Trainees](#)

[General Practices Accredited for GP Training Placements](#)



[GP Trainers Group](#)

[The Day Release Course for ST3 GP Trainees](#)

[The GP Educator Team](#)

[The GP Specialty Training Programme in Bolton](#)

[Training Programme Placements](#)

Welcome!

[Year 1 GP Trainee \(ST1\) Teaching Programme](#)

[Year 2 GP Trainee \(ST2\) Teaching Programme](#)

Welcome!

This is the website for the Bolton GP Training Programme.



ST3 Residential 2017

New Trainee Eportfolio

<https://www.youtube.com/watch?v=ZGAzav2-m8Q>

- Walk-through video – skip to about 23 minutes in



To receive the Certificate of Completion of Training (CCT)

- You must have passed all 3 components:
- AKT✓ + CSA/RCA✓ + WPBA✓



Royal College of
General Practitioners



A decorative graphic on the left side of the slide, consisting of several concentric, curved blue bands that create a sense of depth and movement.

There is a lot to get done!

Workplace Based Assessment:

- **Learning Log Entries** showing competence in all required skills and in all areas of the GP Curriculum.

And...

Workplace Based Assessment

- **Mini CEX/COTs** (Clinical Evaluation Exercise/Consultation Observation Tool)
- **CBDs/CATs** (Case Based Discussion/care assessment tool)
- **Audit** or change management activity
- **MSF** (Multi-Source Feedback from colleagues) each year
- **PSQ** (Patient Satisfaction Questionnaire) in any GP post
- **CEPS** (Examinations and Procedures) mandatory & others
- **SEA** (Significant Event Analysis)
- **Out of Hours Sessions in ST2 and ST3**
- **PDP** self-generated & SMART
- **Form R** self-declaration of complaints/SEAs.

RCGP guidance

- Workplace based assessment requirements from 5.8.20:
- <https://www.rcgp.org.uk/training-exams/training/mrcgp-workplace-based-assessment-wpba.aspx>

Case-Based Discussion (CbD) - FAQs

What is a CbD?



How many CbDs am I required to do?



As an ST1/2 it is expected that you would only do CbDs. Trainees are expected to complete four CbDs in each training year (2 in each 6-month period for a full time trainee).

Do all the capabilities have to be graded in at least one CbD?



New Safeguarding Requirements for Trainees

- **GP Trainees need to satisfy the GMC and the public that they have:**
- Appropriate knowledge
- Clinical Skills
- Understanding of safeguarding
- Ability to apply skills when needed

What is Required?

- Evidence of a knowledge update (ADULT and CHILD)
- Undertake at the start of each training year
- Level 3, local in-house or online
- Documented in the eportfolio so the ARCP panel can see it
- **AND**
- 1 participatory piece of learning and reflection for both adult and reflection per year, ADULT and CHILD

Safeguarding Training

- **Participatory:** face to face training, group case discussion, reflection on a case, webinars, practice safeguarding/CG meetings, demonstrating how reading has been applied
- **Non-participatory:** E-learning, reading RCGP toolkits, guidelines and journal articles

Planning and Progress Reviews

- Regularly discuss your progress with your GP Educational Supervisor
- Plan out what you need to do and when you plan to do it
- You should meet your Clinical Supervisor at the beginning, middle and end of the placement
- CSR and ESR Review 6 monthly
- Annual Panels

STUDY LEAVE

- Needs to be discussed and agreed with ES and Rota Coordinator
- Study leave form then needs to be sent to TPD
- **Budget:** There is no budgetary limit, courses need to be relevant to GP curriculum
- **Study leave days:** 15 in ST1, 15 in ST2
- In ST3 use the days when DRC is not running up to a maximum of 5 days

STUDY LEAVE

- GP ST Study leave webpage:
- <https://www.nwpgmd.nhs.uk/gpst-study-leave>

EXAMS

- AKT EXAM £459 per sitting, max 4 sittings
- CSA/RCA exam £1352 per sitting 4 sittings
- The Training Programme is aimed at helping you prepare but you also have to be self-directed
- **Read everything on the RCGP Website**

ADVICE ABOUT THE EPORTFOLIO

- It is critical that you engage with the eportfolio as the panel use this evidence to assess whether you have attained the competencies and skills required
- **If you persistently do not engage with the eportfolio your Educational Supervisor will record your progress as unsatisfactory**
- Persistent poor engagement puts you in breach of your contract of employment

***NEW* Supported Return to Work**

- This process has been set up to safely manage returning to the workplace after prolonged absences eg. maternity leave or illness
- Meet before if possible, meet when planning to come back, phased returns if needed:
- <https://www.nwpgmd.nhs.uk/supported-return-to-training>

Trainees in Difficulty

Tell someone if you are struggling!

- **Clinical Supervisor in Hospital**
- **Educational Supervisor/GP Trainer**
- **Course Organiser (Seb or Kat)**
- **Programme Director (NP)**
- **Derek Adu-Sarkodie (Trainee Liaison)**
- **Your own GP**
- **Education Centre Staff**
- **Occupational Health**

GENERAL PRACTICE POSITIVES

- Wide range of career opportunities
- Portfolio working
- Flexibility
- Autonomy
- Hours of work?
- Pay?
- 'Cradle to Grave' care
- Making a real difference
- Clinical variety
- Teaching and Training

BOLTON ST3 GROUP 2018-19



BOLTON ST3 GROUP 2017-18



BOLTON ST3 GROUP 2016-17



USEFUL CONTACTS

- Carole.kennedy@boltonft.nhs.uk
- Education Centre /Programme Support
- Rebecca.smith@hee.nhs.uk
- Eportfolio queries
- nickpendleton@nhs.net (TPD)
- Kat Rothwell and Seb Pillon (Educators)
- gpeducatorsbolton@gmail.com
- Derek Adu Sarkodie (Trainee liaison)
- derekadu@doctors.org.uk
- www.boltongptraining.org.uk (website)

USEFUL CONTACTS

- www.rcgp.org.uk
- RCGP Website (eportffolio, assessments, AKT, CSA)
- Gpstudyleave@hee.nhs.uk
- Study leave queries but look here first:
- <https://www.nwpgmd.nhs.uk/general-practice/gpst-study-leave>

USEFUL CONTACTS

THE LEAD EMPLOYER

Absence Support Team

- LeadEmployer.CaseManagement@sthk.nhs.uk
- 0151 290 4677

Employment Services GP Team

- lead.employer@sthk.nhs.uk
- 0151 290 4490