

Barnet VTS GP ITP Posts



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INTRODUCTION TO ITPs

Since August 2021, GP training has been constructed to consist of 24 months in General Practice with 12 months in secondary care. During one of your a 6 month GP posts, you will may have the opportunity to undertake an Integrated Training Post (ITP). ITPs aim to provide you with hands on, supervised learning opportunities in a range of clinical, academic or leadership areas, relevant to your learning needs as a future GP.

Allocation will be based on your ranked choice from a list of pre-arranged rotations at the commencement of your training.

The timetable of your week should consist of the following:

- GP
 - 4 GP sessions
 - 1 GP tutorial
 - 1 VTS session on Thursday afternoon
- Community
 - 3 specialty clinics
 - 1 SDL session

PAEDIATRICS

HOSPITAL ROTATION (3 MONTHS)

JOB DESCRIPTION

- Work as an SHO in:
 - A&E
 - Ward
 - Same Week Emergency Clinic (SWEC)

ROTA

- 3 days in GP - 4 clinical GP sessions, 1 tutorial, 1VTS
- 1.5 days on the general Paediatric trainee rota
 - Normal working days, no on-calls
 - Handover at 8.30am and 4.30pm
- Half day SDL

INDUCTION

- 3 days induction with Paediatric trainees



COMMUNITY ROTATION (3 MONTHS)

JOB DESCRIPTION

- Increase understanding of Community Paediatrics (developmental)
- Attend intake meetings and understand how referrals are processed from Primary Care
- Learn more about services such as:
 - Looked After Children (LAC) services
 - Locomotor clinics
 - Community physiotherapists
 - Annual Down syndrome reviews
 - Special school clinics
- Sit in and assist with Child Development Clinics
 - Carry out developmental assessments

ROTA

- 3 days in GP - 4 clinical GP sessions, 1 tutorial, 1VTS
- 1.5 days at Edgware Community Hospital
- Half day SDL

Allocations made by Community Paediatrician based on learning/experience needs

INDUCTION

- 2 days induction with Paediatric trainees

ADDITIONAL TIPS

- Use it as an opportunity to complete the appropriate CEPs.

DERMATOLOGY

JOB DESCRIPTION

- Shadowing in outpatient dermatology clinics
- Seeing patients in clinics under supervision
- Based at Barnet Hospital, Edgware Hospital with opportunity to attend clinics at Royal Free Hospital (RFH)
- Clinic opportunities:
 - General Dermatology
 - Paediatric Dermatology
 - Skin cancer
 - Specialist clinics: Psoriasis, Eczema, Connective tissue disease (based at RFH)
 - Phototherapy

INDUCTION

- Basic informal induction led by Jenny Carolan (Specialist Nurse at Barnet Hospital)

ADDITIONAL TIPS

- E-mail Jenny Carolyn early on to identify available clinics at Barnet, Edgware, and Royal Free hospital. Once clinics of interest are identified, see if GP practice is happy to work around this.
- Consider courses e.g. PCDS Dermatosope course.
- Attend a range of clinics to broaden experience.
- Use it as an opportunity to complete the appropriate CEPs.

ROTA

- 3 days in GP - 4 clinical GP sessions, 1 tutorial, 1VTS
- 1.5 days on Dermatology
- Half day SDL

Specific rota to be organised by trainee and specific GP practices depending on dermatology interests and GP practice preference.

Example: Monday: GP full day, Tuesday: Dermatology full day (Psoriasis AM, General Dermatology PM), Wednesday: GP full day, Thursday: GP AM, GPVTS Session PM, Friday: General Dermatology AM, SDL PM.



FRAILTY

JOB DESCRIPTION

- Opportunity to practice comprehensive geriatric assessments, falls assessments, heart failure reviews, medication reviews and polypharmacy
- Working with MDT including occupational and physiotherapists.
- Friday morning half day clinic with Dr Lisk at Potters Bar Community Hospital (usually replaced by TREAT clinic if frailty clinic not running but to be confirmed with Dr Lisk)
- 1 full day in Treat Clinic (ambulatory care for over 65s) at Barnet Hospital. This can be either Mon , Tues , or Wed, to be negotiated with GP trainer at start of post.

INDUCTION

- Informal induction with Dr Lisk on the first day of the placement

ADDITIONAL TIPS

- Use it as an opportunity to complete the appropriate CEPs.
- Use the MDT to understand community services and opportunities available for patients

ROTA

- 3 days a week in GP (inc. 0.5 day in VTS),
- 1.5 days in Frailty
- Half day SDL frailty
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FRAILTY WITH CARE HOME

JOB DESCRIPTION

- GP with Frailty (Care Home) ITP
- Combination of GP work and Care Home Ward Rounds (and general Frailty liaison for the practice)
- Advanced care planning

ROTA

- 3 days in GP - 4 clinical GP sessions, 1 tutorial, 1VTS
- 1.5 days care home - 2 sessions of Care Home ward round, 1 session of GP/Care Home admin,
- Half day SDL

INDUCTION

- General GP induction to a new practice.
- Sitting in with GPs (partners/salarylocums/registrars), nurses and care-coordinator
- For first 4-6 weeks – sitting in on the ward rounds and then running ward round with supervision – Care Home induction guided by your own pace (can be faster or slower)
- Ward round as per your preference – can do a telephone/Teams link ward round, create jobs list and action. If anyone needs to be seen F2F (unwell or needs a general review) can go in person after ward round

ADDITIONAL TIPS

- Make good contacts (become friends!) with the community matron for the care homes
- Utilise all resources at your disposal – Frailty MDT, Care Home MDT, rapid response team
- Make sure to shadow the lead GP for each care home before going on your own
- Use it as an opportunity to complete the appropriate CEPs.



MEDICAL EDUCATION

UCL MEDICAL STUDENTS + BARNET VTS

JOB DESCRIPTION

Barnet VTS

- Help Programme Directors and Admin team to deliver Thursday half day teaching sessions on Thursday
- Arrive at 1pm to help set up room,
- Regularly meet up with Programme Directors to help man future sessions
- Become communication leads between the other trainees and the Programme Directors
- Collect weekly feedback from trainees and circulate to Programme Directors
- Manage Med Ed ITP Gmail account

UCL Medical Students

- Teach 4th year UCL medical students as part of their Medicine in the Community (MIC) placement
 - typically 3 groups of 4-5 students on a weekly basis
- Primary Care focus alongside their Secondary Care teaching on topics in their curriculum
- History taking, communication and examination skills
- Patient recruitment for common core conditions and acute presenting complaints
- Completing sign offs for medical students

INDUCTION

- Handover from previous ITPs
- Meeting with Programme Directors and Admin team
- UCL Introduction to Clinical Teaching course via Zoom with Dr Anir Renukanthan (UCL 4th Year Teaching Lead)
 - compulsory but will be reimbursed

ROTA

- Whole day teaching
 - Mondays at St Andrew's Medical Practice
 - Tuesdays at Watling Medical Centre
- 3 days in GP - 4 clinical GP sessions, 1 tutorial, 1 VTS
- Half day SDL for Medical Student teaching prep
- Half day SDL for GP



PUBLIC HEALTH

JOB DESCRIPTION

- 1.5 days working with public health team usually in a specific area.
- Examples could include immunisations, sexual health, asthma management in schools, health inequalities, cancer screening, CVD prevention, and suicide prevention.
- You may help support a project or start a project in a particular area. Sit in or present at meetings within public health or clinical networks to help share information, gain further information, or collaborate with others.
- Well supported by supervisors and other public health strategists with your work and initially start by reading around the subject/ problem you are trying to address.

INDUCTION

- Corporate induction 1 day and introductory meetings with different teams within Public Health

ADDITIONAL TIPS

- Use it as an opportunity to complete the appropriate CEPs.

ROTA

- 3 days in GP - 4 clinical GP sessions, 1 tutorial, 1VTS
- 1.5 days on Public Health
- 1 session of SDL



GYNÆ

JOB DESCRIPTION

- GP with Community Gynae ITP
- Combination of GP clinics and Outpatient Gynae clinics
- 3 months will be spent in Chase Farm:
 - Monday AM: Urogynae
 - Wednesday AM + PM: General gynae
- And the remaining 3 months in Barnet:
 - Tuesday PM: General gynae/Fertility
 - Wednesday AM+PM: Gynae oncology/General gynae

ROTA

- 3 days in GP - 4 clinical GP sessions, 1 tutorial, 1VTS
- 3 sessions in outpatient gynaecology clinic.
- 1 session of SDL

INDUCTION

- Sitting in outpatient gynae clinics before moving on to see patients under supervision
- Topics that may be covered are atrophic vaginitis, prolapse and post-menopausal bleeding.

ADDITIONAL TIPS

- There is an opportunity to spend time in Maternity Assessment Unit and Early Pregnancy Unit - just ask and this can be organised
- Consultants are very happy to teach during clinics - ask plenty of questions!
- Use it as an opportunity to complete the appropriate CEPs.

