

ST1 inc ST1 loW				
Month	Date	Morning 0900-1300	Lunch	Afternoon 1330-1730
August				
	6 Aug			
	13 Aug			
	20 Aug	ST1 Aug starters ONLY – welcome talk/ HR requirements F2F SMH 0900-1100 Rest of ST1 in practice		
	27 Aug	ST1 Aug starters ONLY via TEAMS. Portfolio – JM 0900-1200 Rest of ST1 in practice		
September				
	3 Sept			
	10 Sept			
	17 Sept	Welcome to the VTS Reflections. Trainee shared experience		
	24 Sept			
October				
	1 Oct			
	8 Oct			
	15 Oct	ST1/2/3 joint day		ST1/2/3 joint day
	22 Oct			
	29 Oct			
November				
	5 Nov			
	12 Nov			
	19 Nov	ST1/2 Culture Morning via TEAMS		
	26 Nov			
December				
	3 Dec			

	10 Dec			
	17 Dec	Christmas holidays		Christmas holidays
	24 Dec	Christmas holidays		Christmas holidays
	31 Dec			

ST2				
Month	Date	Morning 0900-1300	Lunch	Afternoon 1330-1730
August				
	6 Aug			
	13 Aug			ST2 IN PRACTICE
	20 Aug			ST2 IN PRACTICE
	27 Aug	ST2 IN PRACTICE		
September				
	3 Sept			
	10 Sept			ST2/ITP Learning Sets – introduction and topics
	17 Sept			ST2 AKT experience/ tips/ pointers
	24 Sept			ST2 Consultation skills (InSPIRE DOCS)
October				
	1 Oct			
	8 Oct			ST2/ITP Learning Sets
	15 Oct	ST1/2/3 joint day		ST1/2/3 joint day
	22 Oct			ST2 – IN PRACTICE in lieu of joint day
	29 Oct			ST2 – IN PRACTICE (5 th Wed)
November				
	5 Nov			
	12 Nov			ST2/ITP Learning Sets
	19 Nov	ST1/2 Culture Morning via TEAMS		
	26 Nov			ST2 TPD lead – QIA
December				
	3 Dec			

	10 Dec			ST2/ITP Learning Sets
	17 Dec	Christmas holidays		Christmas holidays
	24 Dec	Christmas holidays		Christmas holidays
	31 Dec			

ST2 IOW				
Month	Date	Morning 0900-1300	Lunch	Afternoon 1330-1730
August				
	6 Aug			ST2 IN PRACTICE
	13 Aug			
	20 Aug			ST2 IN PRACTICE
	27 Aug	ST2 IN PRACTICE		
September				
	3 Sept			ST2/ITP Learning Sets – TEAMS?
	10 Sept			
	17 Sept			ST2 AKT experience/ tips/ pointers
	24 Sept			ST2 Consultation skills (InSPIRE DOCS)
October				
	1 Oct			ST2/ITP Learning Sets – TEAMS?
	8 Oct			
	15 Oct	ST1/2/3 joint day		ST1/2/3 joint day
	22 Oct			ST2 – IN PRACTICE in lieu of joint day
	29 Oct			ST2 – IN PRACTICE (5 th Wed)
November				
	5 Nov			ST2/ITP Learning Sets
	12 Nov			
	19 Nov	ST1/2 Culture Morning via TEAMS		
	26 Nov			ST2 TPD lead – Quality Improvement
December				
	3 Dec			ST2/ITP Learning Sets
	10 Dec			
	17 Dec	Christmas holidays		Christmas holidays
	24 Dec	Christmas holidays		Christmas holidays

	31 Dec			

ST3				
Month	Date	Morning 0900-1300	Lunch	Afternoon 1330-1730
August				
	6 Aug	ST3 – IN PRACTICE		
	13 Aug	ST3 – IN PRACTICE		
	20 Aug			
	27 Aug	ST3 – IN PRACTICE		
September				
	3 Sept	ST3 – welcome presentation & UUC (1hr) Feb starters small group / JM ARCP – all / small group catch up		
	10 Sept	ST3 – SCA		
	17 Sept			
	24 Sept	ST3 – HF/Renal		
October				
	1 Oct	ST3 – ELA part 1		
	8 Oct	ST3 – ELA part 2		
	15 Oct	ST1/2/3 joint day		ST1/2/3 joint day
	22 Oct	ST3 IN PRACTICE in lieu of joint day		
	29 Oct	ST3 – IN PRACTICE (5 th Wed)		
November				
	5 Nov	ST3 IN PRACTICE in lieu of joint day		
	12 Nov	ST3 – 3/9 month interviews and medical humanities		
	19 Nov			
	26 Nov	ST3 – mindfulness & talking therapies		
December				
	3 Dec	ST3 – women’s health inc HRT		
	10 Dec			
	17 Dec	Christmas holidays		Christmas holidays

	24 Dec	Christmas holidays		Christmas holidays
	31 Dec	ST3 – IN PRACTICE (5 th Wed)		