# TASK CARD: sitting in with a doctor

**Consultation Skills – write down the questions asked by the doctor which you may find useful in your consultations**

Exploring why the patient came:

Exploring the patient’s:

**Thoughts** as to what is wrong:

Their **worries** around what has been happening:

How the doctor might **help**:

Did the GP examine the patient? If so, did anything surprise you?

What in the explanation of the problem helped make sense of it to a patient?

Explaining the pros and cons of any treatment suggested:

Involving the patient in a discussion around their treatment:

How did the GP ‘safetynet’ the consultation?

Time management - how did the GP move the consultation along:

Did the doctor deal with uncertainty, if so, how?

What verbal and non- verbal cues did you spot?

How did the doctor explain the content and relevance of any informational resources offered?