

**CRESH GPSTS** - PGEC, East Surrey Hospital, Canada Avenue, Redhill RH1 5RH  
 Tel: 01737 231722 - Email: [maria.jaques@nhs.net](mailto:maria.jaques@nhs.net) or [gp.sash@nhs.net](mailto:gp.sash@nhs.net)  
 Website <https://gp-training.hee.nhs.uk/east-surrey/>

**Dr Anita Raina, Dr Pavan Uppal, Dr Julian Allfrey and Dr Sophie Rowlands**

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Date	09:00am – 12:00pm ST3 Teaching and ST1/2 in GP Placements	1:00 – 2:00PM ST1 & 2 Teaching
04 Aug 21	<b>ST3 INDUCTION</b> TPD Team  <b>ST1 - TRUST INDUCTION</b> <b>ST2 – PLACEMENTS</b>	<b>NO GPSTS</b>
11 Aug 21	<b>ST1/2 Induction</b> TPD Team <i>(Room 2)</i>  <b>ST3 – Communication Skills</b> Dr Cathy O’Leary	<b>NO GPSTS</b>
18 Aug 21	<b>Primary Care Minor Illness Series</b> Dr Pavan Uppal	<b>Curriculum-based learning &amp; Introduction to the AKT</b> Dr Pavan Uppal <i>(Room 7/8)</i>
<b>25 Aug 21</b> <i>(Wellbeing 12 – 1)</i>	<b>Contraception</b> Dr Radhika Vohra	<b>Learning Logs and Reflection</b> Dr Anita Raina <i>(Room 7/8)</i>

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01 Sep 21	<p><b>ST3 - RCA Skills Series - I</b> Dr Anita Raina</p> <p><b>ST1/2 - Remote Consulting</b> Dr Radhika Vohra</p>	<p><b>WPBA/LFG/ARCPs</b> Dr Anita Raina &amp; Dr Radhika Vohra <i>(Room 7/8)</i></p>
08 Sep 21	<p><b>ST3 - RCA Skills Series - II</b> Dr Anita Raina</p> <p><b>ST1/2 – Knowledge &amp; Communication</b> Dr Pavan Uppal</p>	<p><b>E-Portfolio Walkthrough &amp; Q&amp;A</b> Dr Kish Patel, Dr Radhika Vohra &amp; Dr Anita Raina <i>(Room 7/8)</i></p>
15 Sep 21	<p><b>ST3 - RCA Skills Series - III</b> Dr Anita Raina</p> <p><b>ST1/2 - Women’s Health</b> Dr Radhika Vohra</p>	<p><b>Peer Pod Presentation - Group 18</b> <b>Endocrine &amp; Metabolic</b> Ayesha, Tazyeen &amp; Nafisa <i>(Room 7/8)</i></p>
22 Sep 21	<p><b>Equality, Diversity &amp; Inclusion</b> Dr Anita Raina &amp; Dr Bilal Ali</p>	<p><b>Peer Pod Presentation - Group 19</b> <b>Respiratory</b> Zahraa, Rosaleen &amp; Keshika <i>(Room 7/8)</i></p>

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29 Sep 21 <i>(Wellbeing 12 – 1)</i>	Simulation Session TPD Team	Peer Pod Presentation - Group 20 Digestive & Nutrition Chinmayi, Charlotte & Pria <i>(Room 7/8)</i>
06 Oct 21	Primary Care Minor Illness Series Dr Pavan Uppal	Peer Pod Presentation - Group 21 Mental Health Tania, Hridhdi & Santhiya <i>(Room 7/8)</i>
13 Oct 21	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor.	Management of Patients with Alcohol Problems Michael Newman <i>ATLS – No room available in the PGEC</i>
20 Oct 21	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor.	NO GPSTS
27 Oct 21 <i>(Wellbeing 12 – 1)</i>	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor.	Trust Morbidity & Mortality Audit NO GPSTS

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03 Nov 21	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor. <b>GP Local Faculty Group ST1&amp;2 9:00am – 12:00pm</b> <b>Trainee Reps 09:00am – 10:00am</b>	<b>Peer Pod Presentation - Group 22</b> <b>Sexual Health</b> Fatima, Lauren & Ebru <i>(Room 7/8)</i>
10 Nov 21	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor.	<b>Gastroenterology</b> Dr Gary MacKenzie <i>(Room 7/8)</i>
17 Nov 21	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor. <b>GP Local Faculty Group ST3 2:00pm – 5:00pm</b> <b>Trainee Reps 2:00pm – 3:00pm</b>	<b>Peer Pod Presentation – Group 23</b> <b>Cardiology</b> Tanya, Zainab A & Kinga <i>(Room 7/8)</i>
24 Nov 21 <i>(Wellbeing 12 – 1)</i>	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor.	<b>Peer Pod Presentation – Group 24</b> <b>Pharmacology</b> Sehar, Viktoria & Mahreen <i>(Room 7/8)</i>

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01 Dec 21	<b>DEPARTMENT INDUCTION – NO GPSTS</b>	
08 Dec 21	<p><b>ST1s - Communication Skills &amp; Linguistics Workshop (Session One)</b>            Dr Sophie Rowlands</p> <p><b>ST2 &amp; ST3s - Primary Care Minor Illness Series</b>            Dr Pavan Uppal</p>	<p><b>Peer Pod Presentation – Group 1 Allergy and Immunology</b>            Jennifer, Martha &amp; Max  <i>(Room 7/8)</i></p>
15 Dec 21	<p><b>A Very Diverse Christmas</b>            TPD Team</p>	<p><b>Peer Pod Presentation – Group 2 Kidney &amp; Urology</b>            Aaron, Annette &amp; Nehar  <i>(Room 7/8)</i></p>
22 Dec 21	<b>CHRISTMAS BREAK – NO GPSTS</b>	
29 Dec 21	<b>CHRISTMAS BREAK – PGEC CLOSED</b>	
05 Jan 22	<p><b>Cancer Update for Primary Care</b>            Dr Julie Smallwood &amp; Dr Mandeep Ahluwalia</p>	<p><b>Rhinology</b>            Mr Sam Khemani  <i>(Room 7/8)</i></p>

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12 Jan 22	<p align="center"><b>Introduction to Kaizen for GP's</b> Kaizen Team SASH</p>	<p align="center"><b>Peer Pod Presentation – Group 3</b> <b>Gynaecology &amp; Breast</b> Sivakanth, Victoria &amp; Paula <i>(Room 7/8)</i></p>
19 Jan 22	<p align="center"><b>ST1 – Communication Skills &amp; Linguistics Workshop</b> <b>(Session One)</b> Dr Sophie Rowlands</p> <p align="center"><b>ST2 and ST3s - Men's Health</b> Dr Julian Allfrey</p>	<p align="center"><b>Peer Pod Presentation – Group 4</b> <b>Cardiovascular</b> Hira, Sami &amp; Saraniga <i>(Room 7/8)</i></p>
26 Jan 22 <i>(Wellbeing 12 – 1)</i>	<p align="center"><b>AKT</b></p>	<p align="center"><b>AKT</b></p>
02 Feb 22	<p align="center"><b>Simulation Session</b> TPD Team</p>	<p align="center"><b>The Art of Reflection</b> Dr Julian Allfrey <i>(Lecture Theatre/Room 6)</i></p>

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09 Feb 22	<p align="center"><b>Primary Care Dermatology</b> Dr Lola Ozique</p>	<p align="center"><b>Peer Pod Presentation – Group 5 Haematology</b> Poppy, Katerina &amp; Tosin <i>(Room 7/8)</i></p>
16 Feb 22	<p align="center"><b>Frailty and the role of GPs</b> Dr Iain Wilkinson</p>	<p align="center"><b>Peer Pod Presentation – Group 6 Genomics</b> Prashanth, Giona &amp; Ramia <i>(Room 7/8)</i></p>
<b>23 Feb 22</b> <i>(Wellbeing 12 – 1)</i>	<p align="center"><b>Respiratory and Long COVID - TBC</b> Dr Thushy Kailayanathan</p>	<p align="center"><b>Trust Morbidity &amp; Mortality Audit NO GPSTS</b></p>
02 Mar 22	<p align="center"><b>ST1 – Communication Skills &amp; Linguistics Workshop (Session Two)</b> Dr Sophie Rowlands</p> <p align="center"><b>ST2 and ST3s - Motivational Interviewing</b> Dr Rachelle Sanderson</p>	<p align="center"><b>Professionalism and the Duties of a Doctor</b> Dr Anita Raina <i>(Room 7/8)</i></p>

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09 Mar 22	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor.  <b>GP Local Faculty Group ST1&amp;2 9:00am – 12:00pm</b> <b>Trainee Reps 09:00am – 10:00am</b>	<b>Peer Pod Presentation – Group 7</b> <b>Maternity &amp; Reproductive Health 1</b> Lala, Katie & Elanko <i>(Lecture Theatre/Room 6)</i>
16 Mar 22	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor.  <b>GP Local Faculty Group ST3 9:00am – 12:00pm</b> <b>Trainee Reps 09:00am – 10:00am</b>	<b>Peer Pod Presentation – Group 8</b> <b>Eyes &amp; Vision</b> Rachael, Nazia & Fareeda <i>(Room 7/8)</i>
23 Mar 22	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor.	<b>Population Health</b> Dr Sophie Rowlands <i>(Room 7/8)</i>
30 Mar 22 <i>(Wellbeing 12 – 1)</i>	Trainees to be engaged in an approved Educational Activity agreed with your Educational Supervisor.	<b>Peer Pod Presentation – Group 9</b> <b>Urgent &amp; Unscheduled Care (Emergencies)</b> Carlos, Zainab J & John <i>(Room 7/8)</i>



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06 Apr 22	<b>DEPARTMENT INDUCTION – NO GPSTS</b>	
13 Apr 22		
20 Apr 22		
27 Apr 22 <i>(Wellbeing 12 – 1)</i>	<b>AKT</b>	<b>AKT</b>
04 May 22		
11 May 22		
18 May 22		<i>ATLS – Waiting to see if Resus room available</i>
25 May 22 <i>(Wellbeing 12 – 1)</i>		
01 Jun 22		
08 Jun 22		
15 Jun 22		
22 Jun 22		

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29 Jun 22 <i>(Wellbeing 12 – 1)</i>		
06 July 22		
13 July 22		
20 July 22		
27 July 22	<b>FOUNDATION INDUCTION</b>	