

AKT – 5 Top Tips from patches

Top Tip 1

- Introduce early – end of ST1 (after ARCP)
- Utilise GP SelfTest learning needs assessment to illustrate exam, breadth and level of knowledge required

Top Tip 2

- Include AKT Prep sessions in away day ST1/ST2, including exam technique / theory of revision / working smarter / discuss 'best' time to take exam

Top Tip 3

- Incorporate a small amount of AKT style MCQs in teaching – topic focused
- Encourage trainees to write the questions themselves – could be on current topic or previous session.
- Discuss answers in groups

Top Tip 4

- Include statistics in HDR programme
- Some patches are using outsider speaker, local expert / PenArc / near peep fellow

Top Tip 5

- Utilise Near-peer teaching
- NP Fellow – hot topics at lunchtime / 1-2-1s
- One patch run a ST3 lead session at beginning of ST2 'how to think about this exam'.