GPST-101

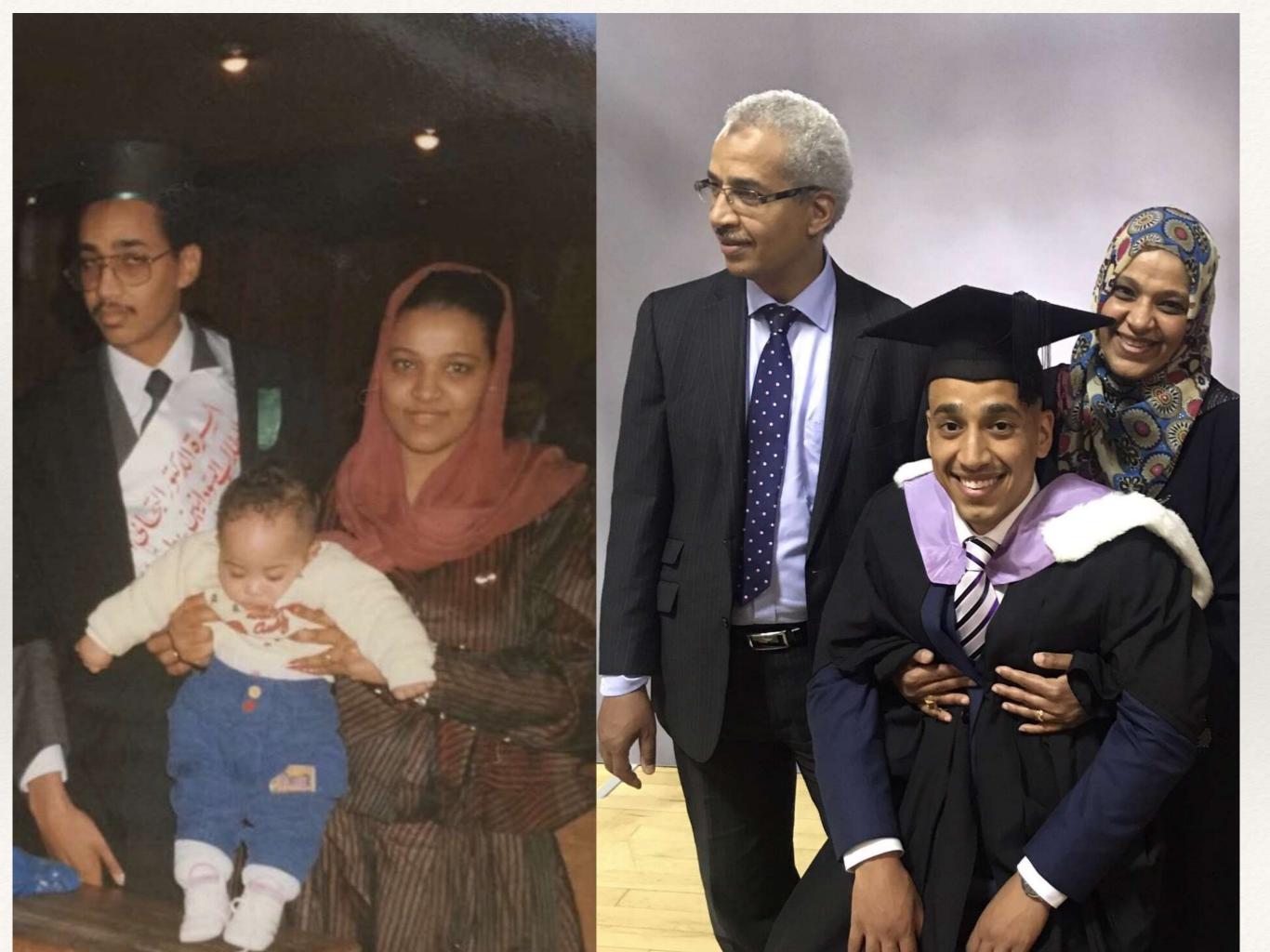
Dr Amro Ahmed GPST2

Welcome (Back) to Bolton!

E-portfolio Run through/FAQs

* GP Trainee Representative's Role – How can I help?

Advice from Previous GPSTs



The Role & How Can I Help?

- * Any issues or queries?
- * Advice?
- * Signposting
- Quarterly meetings with NW GP School
- * Any re-occurring issues that need escalating
- Need Specific advice from GPST2/ST3?

Tips from Previous STs

- * E-Portfolio start early + keep on top of it
- * Do your CEPS in hospital e.g. A&E + O&G
- Whatsapp Group
- Highlight your weak areas sooner make a plan how to get better
- * Try to regularly re-focus in on what you need to learn from the job you're on
- * Time out of program If needed
- * Some supervisors are not very proactive you need to take the initiative
- Highlight any issues you're having early
- Use study days and study budget

"If you do what you love you'll never work a day of your life"

-Marc Anthony

"If you don't know where you're going, you'll probably end up someplace else"

-Yogi Berra

Thank You

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