



ST2 Teaching Programme 2018-19

DR NICK PENDLETON

A bit about me...

- Qualified as a GP in 2004
- Live in South Manchester
- Working in Bolton since 2000
- $\frac{3}{4}$ GP Partner at Heaton Medical Centre, Bolton
- GP Trainer and ARCP Panel Member
- GP Appraiser
- GP Educator – Year 10
- Bolton GP Programme Director – Year 7

What is the purpose of these sessions?

- Protected education time
- To help give you a structure for covering the GP curriculum
- **To help you prepare for the AKT**
- **To help you prepare for being a GP**
- To help you understand the challenges of general practice
- To facilitate peer & pastoral support
- To give you time to reflect & learn

- The teaching programme runs from September to June with some breaks in the programme at Christmas and Easter
- If you are doing a GP Plus or GP only post you have protected study time on a Tuesday afternoon even when the sessions are not running

The Path to Certification (CCT)

- You need:
- To Pass a KNOWLEDGE exam (**AKT**)
- To be able to COMMUNICATE and DEMONSTRATE KNOWLEDGE and CLINICAL MANAGEMENT (**CSA exam**)
- To FUNCTION as a GP in a GP SETTING (**WPBA, MSF, PSQ, Audit, CEPS**) and document achievement of skills, competencies and curriculum coverage in the **eportfolio**

THE AKT EXAM

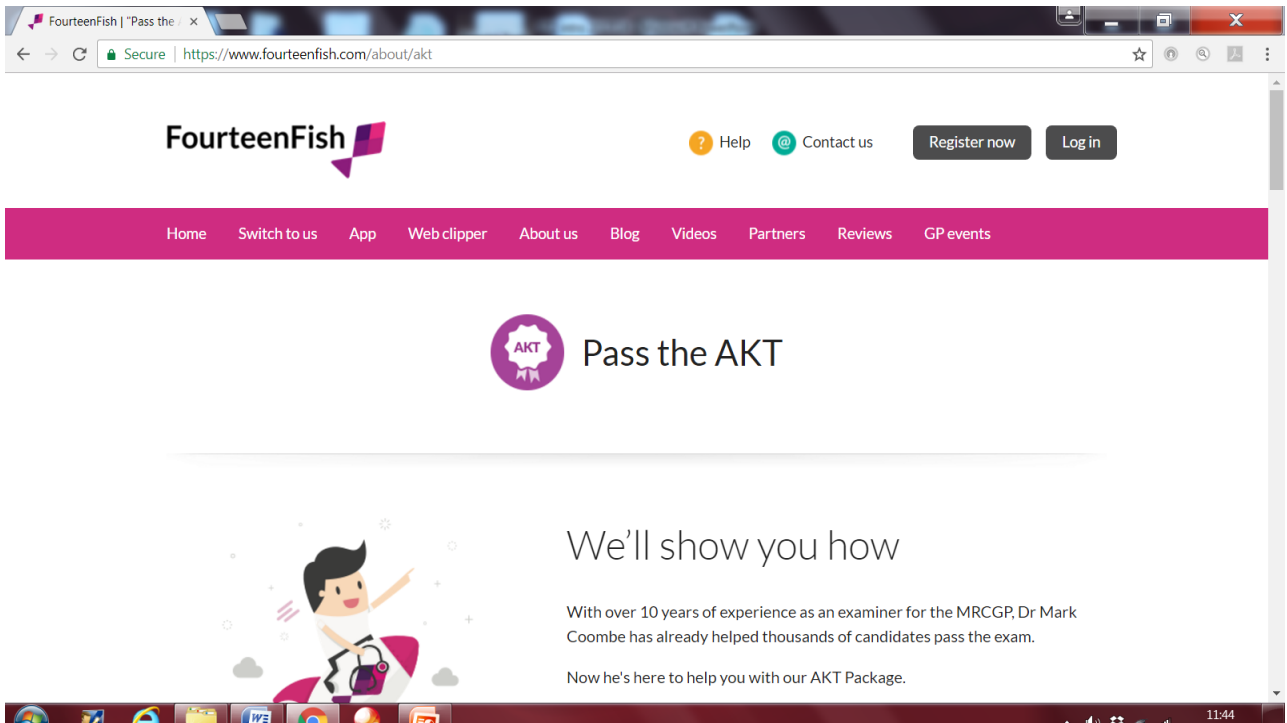
- **READ EVERYTHING ON THE RCGP WEBSITE!**
- <http://www.rcgp.org.uk/training-exams/mrcgp-exams-overview/mrcgp-applied-knowledge-test-akt.aspx>
- **INCLUDES:** content guide, guide to taking the exam, podcast, slide show presentation, feedback about recent exam, interactive tutorial and practice exam

THE AKT EXAM

- **3 hours and 10 minutes.**
- **200 Questions**
- Pearson Vue Driving Test Centre
- 80% clinical medicine
- 10% critical appraisal and evidence based clinical practice
- 10% health informatics & administrative issues

- “The AKT assesses **higher order problem solving** rather than just the simple recall of basic facts.”

- Consider asking other Trainees how they prepared – what websites or other resources?
- (Bearing in mind that different people learn in different ways)
- **FOURTEEN FISH 'PASS THE AKT' PACKAGE (FUND WITH STUDY LEAVE BUDGET)**




The screenshot shows a web browser window with the address bar displaying "Secure | https://www.fourteenfish.com/about/akt". The page features the FourteenFish logo, navigation links (Home, Switch to us, App, Web clipper, About us, Blog, Videos, Partners, Reviews, GP events), and buttons for Help, Contact us, Register now, and Log in. The main heading is "Pass the AKT" with a circular AKT logo. Below this is an illustration of a person in a white lab coat and stethoscope, surrounded by stars and clouds. The text reads: "We'll show you how", "With over 10 years of experience as an examiner for the MRCGP, Dr Mark Coombe has already helped thousands of candidates pass the exam.", and "Now he's here to help you with our AKT Package." The Windows taskbar at the bottom shows the time as 11:44.

FourteenFish

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 Pass the AKT

We'll show you how

With over 10 years of experience as an examiner for the MRCGP, Dr Mark Coombe has already helped thousands of candidates pass the exam.

Now he's here to help you with our AKT Package.

AKT DATES

- Look on the College website
- Oct, Jan and April. £459
- Apply via the College website
- Most sit in April but when you do it is up to you.
Maximum 4 attempts
- Discuss with your Educational Supervisor

COMMUNICATION SKILLS SESSIONS

- **DURING GP PLUS or GP ONLY POST ONLY**
- **TUESDAY AFTERNOONS**
- **MOSTLY ALTERNATE WITH ST2 TEACHING SESSIONS**
- **CROMPTON HEALTH CENTRE**
- **DR JULIAN TOMKINSON AND DR HELEN WALL**
- **THE FIRST ONE IS ON 10th SEPTEMBER**

Out of Hours Sessions in ST2 (is changing)

- You need to document 36 hours of working outside daytime hours in the eportfolio in ST2 during your GP Plus or GP only post and label them as 'Out of Hours session'. Include a visible tally of the hours you have done so the ARCP panel can easily see it
- If you are not doing a post that offers on-call then you will need to contact the local Out of Hours Service and ask them to schedule the sessions for you
- BARDOC contact: BDOC.rotateam@nhs.net

Teaching Programme Website

bolongptraining.org.uk



ST2 TEACHING PROGRAMME CONTENT

- The GP Curriculum
- Centred mainly around clinical topics
- Real-life examples from GP
- Practical problem solving
- Learner involvement in planning the content
- Outside speakers (mainly GPs)
- 'Workshops' / Consultation video analysis / AKT questions

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- **The next ST2 Education Session is on 17th September at 2pm in Seminar Room 2**

NEW Supported Return to Work

- This process has been set up to safely manage returning to the workplace after prolonged absences eg. maternity leave or illness
- Meet before if possible, meet when planning to come back, phased returns if needed:
- <https://www.nwpgmd.nhs.uk/supported-return-to-training>