

AIMS AND OBJECTIVES FOR ETHNICITY AND HEALTH

SECTION I

RACISM AND PREJUDICE

1. Have an understanding of our propensity to stereotype people, and how that can lead to prejudice and racism.
2. Understand how we come to acquire stereotypical views of others.
3. Understand how people are affected by being stereotyped and by prejudice and racism.

SECTION II

COMMUNICATION SKILLS AND ETHNICITY

1. Understand how our propensity to stereotype others might affect our consultation style.
2. Be able to conduct consultations which take account of other peoples cultural values without stereotyping them.
3. Be able to use interpreters appropriately with those who do not speak our language.
4. Understand that cultural differences influence health beliefs.
5. Be able to elicit health beliefs from peoples of different cultural backgrounds.

SECTION III

ETHNICITY AND CULTURE AND HEALTH

1. Be able to define ethnicity, culture, and race.
2. Be able to name the major ethnicity categories used in the UK sensors.
3. Have knowledge of major festivals of the various ethnic groups in the U.K. (Diwali, Eid, Christmas, Easter, Passover, etc.).
4. Be able to describe the different modes of acculturation.
5. Understand how the mode of acculturation can affect health, particularly mental health.
6. Complete and discuss an acculturation questionnaire

SECTION IV

SERVICE DELIVERY

1. Understand how health organisations can deliver culturally competent services.
2. Understand how health beliefs of minority ethnic groups can influence service delivery (e.g. vegetarian food).
3. Be able to describe a local health service that has been adapted to suit needs of minority ethnic communities (e.g. Asian Cookery Club).

SECTION V

HEALTH ISSUES

1. Be aware of the differing mortalities and morbidities of the various ethnic groups in the U.K.
2. Be able to describe some of the reasons for ethnic variations in health.
3. Be aware of the make up of the ethnic groups in the UK.
4. Understand how the interaction of ethnicity and social economic status can affect health.

References for Ethnicity and Health: "Ethnicity, Health, and Primary Care", edited by Joe Kai

Stereotyping and Racism – pages 94 – 96

Communication Skills – pages 31 – 32

Interpreting and Translating – pages 67 - 74

Defining Race Culture and Ethnicity – pages 3 – 7

Sensors Groups – page 5

How Services Can be Improved – pages 28 – 35, box 3.1

Make up of Ethnic Groups in the U.K. – page 8, figure 1.2

Differing Mortalities and Morbidities in Ethnic Groups – pages 15 – 18 and 21 – 24

Reasons for differences – pages 18 – 21

Ethnicity and Social Economic Status – pages 10 – 12

Healthcare Need Assessment – www.hcna.radcliffe-oxford.com/bmegframe.htm